

# Certificate of Readiness

In the Provincial Court of British Columbia (Small Claims Court)

REGISTRY FILE NUMBER	85518
REGISTRY LOCATION	SURREY

**FILED**  
 OCT 11 2019  
 PROVINCIAL COURT  
 OF BRITISH COLUMBIA  
 SURREY

Certificate of Readiness

Fill in the registry file number shown on the Notice of Claim. Fill in the names of the parties, copying them from the Notice of Claim.

In the case between:

Name Jessica Yaniv CLAIMANT(S)

and

Name H Morris & N Szucs Physiotherapist Corp DEFENDANT(S)

### FROM:

Fill in the name, address and telephone number of the claimant who is filing the certificate.

Name Jessica Yaniv CLAIMANT  
 Address 505-265 8840 210 St  
 City, Town, Municipality Langley Prov. BC  
 Postal Code V1M 2Y2 Tel. # 604 729 4896

I am claiming damages for personal injuries and am ready to discuss settlement of my entire claim.

I attach all medical reports and all records of expenses or losses incurred or expected.

Fill in the date and sign here.

Oct 11 2019  
Date

Jessica Yaniv  
Signature of claimant

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Fill in the date and sign here.

Oct 11 2019  
Date

Jessica Yaniv  
Signature of claimant

# Consultation Summary

Dear Dr.

Your patient had a consultation with babylon by TELUS Health on September 23, 2019 11:30. The details of this consultation are summarised below. If you have any queries relating to this consultation please contact our helpline on +18555778838.

## Patient's details:

Name: Jessica Yaniv  
Gender: Female  
DoB: 12/Jun/1987  
Clinician: Anita Natarajan, GP  
Time at consultation: September 23, 2019 11:30  
Appointment type: Digital

## CONSULTATION SUMMARY

### The patient told us:

Both legs hurt with a tingling and numbness pain. You have had this for about 4 months.  
You don't have any current bladder or bowel dysfunction that would suggest a central disc herniation.  
Your low back MRI is this Friday.

You went to a walk in clinic and were given a prescription for Flexeril.

You want a referral to the chronic pain clinic at RCH.

Dr. Mezel has ordered some genetic tests, and is referring you to the hereditary cancer program. Your family is Ashkenazi Jewish, and apparently there are some regional cancer syndromes associated with this lineage, and this is why you are being referred.

EMG is coming up October 23rd.

You have approached Murrayville family practice Langley for getting a family doctor.

### Our impression was:

Neuralgia, neuritis, and radiculitis, unspecified

### Our advice to the patient:

We discussed the fact that Chronic Pain Programs cannot accept referrals for patients who are still undergoing investigations to find a treatable cause for their underlying pain.

You are still in the investigations phase of your condition. You have an MRI coming up, neurology referral, complex chronic diseases referrals, neurosurgery referral etc.

Jessica Yaniv / 12-Jun-1987 / September 17, 2019 13:00

Yours faithfully,



**Dr. Shelina Nurmohamed**  
**Licence number: College ID 38356 / MSP 66485**  
General Practitioner babylon by TELUS Health

# Consultation Summary

Dear Dr.

Your patient had a consultation with babylon by TELUS Health on September 17, 2019 13:00. The details of this consultation are summarised below. If you have any queries relating to this consultation please contact our helpline on +18555778838.

## Patient's details:

Name: Jessica Yaniv  
Gender: Female  
DoB: 12/Jun/1987  
Clinician: Shellina Nurmohamed, GP  
Time at consultation: September 17, 2019 13:00  
Appointment type: Digital

## CONSULTATION SUMMARY

### The patient told us:

You are in BC currently

The appointment today was to discuss your xray results ordered previously

### What we explored with the patient:

The lumbar spine xray showed a straightening of the normal curve of the spine but was otherwise normal and the right hand was otherwise normal

You felt reassured by this

We discussed your pain a little today

You are hoping to get accepted by a Family Dr. that you met with close to home. Unfortunately Dr Yunas was unable to take you on as a patient

### Our impression was:

Pain in limb

### Our advice to the patient:

Please follow up with the family Dr. to see if she can accept you as a patient

### If things get worse, we advised:

If you have any new symptoms or concerns, please arrange to see a Dr. for a review

Jessica Yaniv / 12-Jun-1987 / September 11, 2019 13:00

**Our advice to the patient:**

- 1) I will refer to Dr. Kenelly Ho.
- 2) I will get Xrays of your low back and hand. plus MRI L-spine
- 3) I'll refer you to the complex chronic diseases unit.

**If things get worse, we advised:**

Go to ER for alarm symptoms: severe headache, increased dizziness, muscular weakness

Yours faithfully,



**Dr. Anita Natarajan**

Licence number: College ID 20129 / MSP 26238 / CPSA 030475

General Practitioner babylon by TELUS Health

Jessica Yaniv / 12-Jun-1987 / September 11, 2019 13:00

Diarrhea - yes, on and off 5 years

Itching - all over, on and off, 1 year

Ringing in ears - yes, on and off, 10 years

Vomiting - on and off for 20 years

Heartburn - yes, lifelong

Shortness of breath - on exertion, lifelong

Loss of appetite - when exercising.

Hearing difficulties - 50% hearing loss on both sides, WEARS HEARING AIDS.

Frequent urination - 5 years

**What we explored with the patient:**

**Musculoskeletal Exam:**

- 1) Full ROM Neck, pain in left neck
- 2) Full ROM shoulders, acanthosis nigricans in armpits
- 3) Good lumbar flexion, 75% predicted, pain down the backs of legs into ankles
- 4) I don't see any redness or joint deformities in hands
- 5) You have tender points at the back of your neck, upper back, lower back, inner elbows, inner knees,

I don't see any joint deformities, redness, swelling from our limited video exam.

Jumping up and down on the spot gives you pain in your thighs and feet.

You have bruising on the back of your right hand from whacking a door 1 month ago.

MRI QUESTIONS: Ht= 6'0 , Wt= 125kg, Claustrophobia? \_\_\_No

Pins/plates/screws/stents. Metal anywhere in body? NO

Xrays done before? No Where?

Ever a welder? Metal shavings in eye? NO

**Our impression was:**

General symptom

# Consultation Summary

Dear Dr.

Your patient had a consultation with babylon by TELUS Health on September 11, 2019 13:00. The details of this consultation are summarised below. If you have any queries relating to this consultation please contact our helpline on +18555778838.

## Patient's details:

Name: Jessica Yaniv  
Gender: Female  
DoB: 12/Jun/1987  
Clinician: Anita Natarajan, GP  
Time at consultation: September 11, 2019 13:00  
Appointment type: Digital

## CONSULTATION SUMMARY

### The patient told us:

There are many things to discuss this visit:

- 1) Neurologist: We have to find you someone who is a general neurologist and who will accept your referral.
- 2) I would like to order an L-spine MRI to evaluate your leg symptoms (3 months): pain and tingling down the front of both legs.  
Dr. Mezel is also planning a spinal MRI, as you discussed from your last visit.  
She said you don't need the MRI head for November (2nd MRI)

- 3) We reviewed your ongoing symptoms. I would like to refer you to the complex chronic diseases unit at BCWH.

Muscle pain all over - yes, 2 months.  
Irritable bowel syndrome - loose stools on and off, 5 years  
Fatigue/tiredness - yes, 20 years  
Thinking or remembering problem - yes, 5 years  
Muscle Weakness - yes, 20 years  
Headache - yes, on and off, 15 years  
Pain/cramps in abdomen - yes, 20 years on and off,  
Numbness/tingling - yes, 20 years, lower body from hips down.  
Dizziness - yes, 6 months  
Insomnia - night waking and not being able to go back to sleep for 1 year.  
Depression - yes, 1 year  
Nausea - yes, on and off, 2 years  
Nervousness - yes, on and off, 2 years

## Consultation Summary

Dear Dr.

Your patient had a consultation with babylon by TELUS Health on September 05, 2019 11:30. The details of this consultation are summarised below. If you have any queries relating to this consultation please contact our helpline on +18555778838.

### Patient's details:

Name: Jessica Yahiv  
Gender: Female  
DoB: 12/Jun/1987  
Clinician: Anita Natarajan, GP  
Time at consultation: September 05, 2019 11:30  
Appointment type: Digital

### CONSULTATION SUMMARY

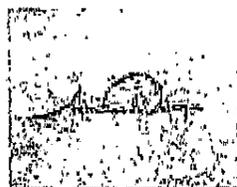
#### The patient told us:

I wanted to have a visit with you to revisit all your symptoms in one visit. We are considering referring you to the Complex Chronic Diseases Program at BC Women's Hospital. You are aware that there is currently a two year wait.

You did not realize that this appointment was scheduled at the same time as your appointment with Dr. Mezei, as they had a cancellation, and were able to fit you in today.

You will call to rebook.

Yours faithfully,



Dr. Anita Natarajan

Licence number: College ID 20129 / MSP 26238 / CPSA 030475

General Practitioner babylon by TELUS Health

• Jessica Yaniv / 12-Jun-1987 / September 04, 2019 10:50

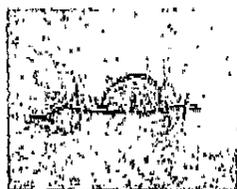
2) we will have to re-refer you to a different neurologist.

3) you will rebook in with me for a visit specifically pertaining to the chronic complex diseases program.

-I will need some blood pressure readings from you. We are limited by telehealth, so please get these done at your local drug store.

-wear a t-shirt and shorts at your next visit so that I can do a proper skin exam, check joints for redness/swelling.

Yours faithfully,



**Dr. Anita Natarajan**

**Licence number: College ID 20129 / MSP 26238 / CPSA 030475**

General Practitioner, babylon by TELUS Health

## Consultation Summary

Dear Dr.

Your patient had a consultation with babylon by TELUS Health on September 04, 2019 10:50. The details of this consultation are summarised below. If you have any queries relating to this consultation please contact our helpline on +18555778838.

### Patient's details:

Name: Jessica Yaniv  
Gender: Female  
DoB: 12/Jun/1987  
Clinician: Anita Natarajan, GP  
Time at consultation: September 04, 2019 10:50  
Appointment type: Digital

## CONSULTATION SUMMARY

### The patient told us:

You are inquiring about a refill of Gabapentin.

You have a bottle of several tablets, but you said your pharmacist phoned you and told you that you need to get them divided up into pouches. (sort of like blister packing). They can't take the medications you have in the bottle and divide them up.

So you are asking for another prescription.

I asked you if you would be willing to just take 2 tablets am and 2 tablets pm until your existing bottle finished, before we refill this prescription, and you agreed with this plan.

The neurologist you were referred to cannot take the referral.

We have to find a more general practice neurologist as many are subspecialists.

You had emailed me regarding the Complex Chronic Diseases Program and I think this is a good idea, but without a physical exam or a family doctor it is difficult.

YOU ARE SEEING DR. MEZEI IN JANUARY FROM THE ADULT METABOLIC DISEASES CLINIC.

### Our impression was:

Neuralgia, neuritis, and radiculitis, unspecified

### Our advice to the patient:

1) you will finish off the gabapentin pills you have before we renew the prescription.

# Consultation Summary

Dear Dr.

Your patient had a consultation with babylon by TELUS Health on April 12, 2019 16:40. The details of this consultation are summarised below. If you have any queries relating to this consultation please contact our helpline on +18555778838.

## Patient's details:

Name: Jessica Yaniv  
Gender: Female  
DoB: 12/Jun/1987  
Clinician: Jinu Mathew, GP  
Time at consultation: April 12, 2019 16:40  
Appointment type: Digital

## CONSULTATION SUMMARY

### The patient told us:

you have vomiting

### What we explored with the patient:

you have been vomiting for 7 to 10 days. You tried chocolate milk and vomiting began again. You diarrhea began yesterday. It was watery yesterday, no blood, 6 times yesterday. You have had a normal bm today. You vomit with food for the last 7 days. You have had a fever, body aches for this time. You have not travelled, and no sick contacts. You have been on skytrain and you eat out. You had abdominal pain that was relieved with bowel movements. you have a fish and seafood allergy (anaphylaxis). You have an epiPen.  
you are thinking corn starch, gluten, or soy.

You have been taking the same dose of metformin since january. YOU have vomited once today. You can keep liquids down

### Our impression was:

Gastroduodenitis

### Our advice to the patient:

This is most likely related to a viral infection. It is too early to tell if this is a sensitivity. You should consider dairy avoidance for a few weeks and see if your symptoms improve over 48 hours. Stay well hydrated and simple meals can be nourishing and better tolerated.

### If things get worse, we advised:

If you are experiencing fever, increased abdominal pain, blood in the stools or vomiting, please get re evaluated by a doctor.

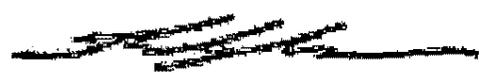
Jessica Yaniv / 12-Jun-1987 / April 12, 2019 08:00

### DIAGNOSTICS REQUESTED

The tests that we have given the patient requests for:

Diagnostic tests
HIV Serology
Chronic viral hepatitis undefined etiology - Hepatitis B (HBsAg; anti-HBc; anti-HBs) + Hepatitis C (anti-HCV)
Urine Chlamydia & Gonorrhoea by NAAT

Yours faithfully,



Dr. D. Randal Mason

Licence number: ID: 35343/ MSP: 68424/ CPSA: 018832

General Practitioner babylon by TELUS Health

# Consultation Summary

Dear Dr.

Your patient had a consultation with babylon by TELUS Health on April 12, 2019 08:00. The details of this consultation are summarised below. If you have any queries relating to this consultation please contact our helpline on +18555778838.

## Patient's details:

Name: Jessica Yaniv  
Gender: Female  
DoB: 12/Jun/1987  
Clinician: D. Randal Mason, GP  
Time at consultation: April 12, 2019 08:00  
Appointment type: Digital

## CONSULTATION SUMMARY

### The patient told us:

You are worried about an elevated GGT value

### What we explored with the patient:

You had lab work completed yesterday and GGT is 47. You are wondering if this is something you should be worried about.

GGT is one of the enzymes produced by your liver. The value can reflect the work that your liver is doing. GGT may be elevated in people who consume higher amounts of alcohol or from certain medications. Sometimes elevated in people who are overweight, due to fat in their liver as well.

You communicated that you are a non-drinker.

You are wondering about getting testing done to screen for STI's. You are not currently sexually active, but want to be sure you are not a carrier of anything.

### Our impression was:

Other nonspecific abnormal serum enzyme levels Sexually transmitted infectious disease

### Our advice to the patient:

GGT level not worrisome. Talk to your doctor before starting any new medications and avoid alcohol where possible. I will send off a lab req for STI screening.

Jessica Yaniv / 12-Jun-1987 / April 11, 2019 09:40

## DIAGNOSTICS REQUESTED

The tests that we have given the patient requests for:

Diagnostic tests
ECG
Hematology Profile
Bilirubin
GGT

Yours faithfully,



**Dr. Jeffrey Peimer**  
Licence number: ID: 34056/ MSP: 65045  
General Practitioner babylon by TELUS Health

# Consultation Summary

Dear Dr.

Your patient had a consultation with babylon by TELUS Health on April 11, 2019 09:40. The details of this consultation are summarised below. If you have any queries relating to this consultation please contact our helpline on +18555778838.

## Patient's details:

Name: Jessica Yaniv  
Gender: Female  
DoB: 12/Jun/1987  
Clinician: Jeffrey Peimer, GP  
Time at consultation: April 11, 2019 09:40  
Appointment type: Digital

## CONSULTATION SUMMARY

### The patient told us:

You had blood tests which showed a high ferritin.

### What we explored with the patient:

You do not take any iron products. A raised ferritin can be found in diabetes (which you have), side effects of your medication, an infection or an iron overload. If you have no specific and/or obvious infection or inflammation it would be advisable to see your family doctor for an examination once we have reviewed the blood tests.

You have requested an ECG which will be requested.

### Our impression was:

Disorder of iron metabolism

### If things get worse, we advised:

Please call Babylon or see your family doctor if your symptoms persist or worsen.

Jessica Yanlv / 12-Jun-1987 / April 09, 2019 10:50

Serious allergies can involve tongue swelling, lip swelling, and trouble breathing or swallowing. If these every occur, use your EpiPen and call 911

Sometimes foods can cause vomiting or dizziness and this can be caused by allergies or intolerances or by food poisoning. It is sometimes hard to know which is causing it.

**Our impression was:**

Dizziness and giddiness

**Our advice to the patient:**

Try to check your blood pressure today with you mum's machine. Keep drinking fluids, small sips at a time. Eat foods that are safe and you are comfortable with today

Follow up as planned with your Dr. tomorrow

**If things get worse, we advised:**

If you have shortness of breath, trouble swallowing or lip or tongue swelling, use your Epi-pen and call 911. If you pass out today or have frequent vomiting, please see a Dr for a review today

Yours faithfully,



**Dr. Shelina Nurmohamed**

Licence number: College ID 38356 / MSP 66485

General Practitioner babylon by TELUS Health

## Consultation Summary

Dear Dr.

Your patient had a consultation with babylon by TELUS Health on April 09, 2019 10:50. The details of this consultation are summarised below. If you have any queries relating to this consultation please contact our helpline on +18555778838.

### Patient's details:

Name: Jessica Yaniv  
Gender: Female  
DoB: 12/Jun/1987  
Clinician: Shellna Nurmohamed, GP  
Time at consultation: April 09, 2019 10:50  
Appointment type: Digital

### CONSULTATION SUMMARY

#### The patient told us:

You are feeling dizzy today

It also happened a couple of days ago, you think it is related to some food you have eaten

You ate some honey garlic chicken this morning from IGA, you have never had problems with eating Chicken before. You felt sick and dizzy but haven't vomited or passed out.

You have some pain on the left side of the neck which you had last time also

You have no trouble breathing, no problems swallowing  
You have no eye swelling, no lip swelling, no tongue swelling.  
You have no rashes

You had some itchiness last week but don't have this now  
You have an Epi-pen, you have never used this

You have an appointment with your GP tomorrow

You managed to go for a walk, you are drinking water

You will eat food from home today, foods you are comfortable with

You are taking oestrodinol, spironolactone & metformin - you have been taking these for a while (Since July 2018)

#### What we explored with the patient:

Jessica Yaniv / 12-Jun-1987 / April 03, 2019 08:40

The prescriptions that we sent the patient:

Prescribed by: Jeffrey Peimer. Prescribed at: Wed, 03-Apr-2019 8:57 AM.			
Drug	Course	Quantity	Not
Cetirizine 20mg (tablet)	Take one a day as needed.	30	
Taro-Epinephrine Auto-Injector 0.3mg/0.3	Use Immediately at start of anaphylactic reaction. If anaphylactic symptoms persist after first dose, may repeat dose in 5 to 15 minutes.	1	

Yours faithfully,



Dr. Jeffrey Peimer  
 Licence number: ID: 34056/ MSP: 65045  
 General Practitioner babylon by TELUS Health

# Consultation Summary

Dear Dr.

Your patient had a consultation with babylon by TELUS Health on April 03, 2019 08:40. The details of this consultation are summarised below. If you have any queries relating to this consultation please contact our helpline on +18555778838.

## Patient's details:

Name: Jessica Yaniv  
Gender: Female  
DoB: 12/Jun/1987  
Clinician: Jeffrey Peimer, GP  
Time at consultation: April 03, 2019 08:40  
Appointment type: Digital

## CONSULTATION SUMMARY

### The patient told us:

You had an allergic reaction to fried food foods.

### What we explored with the patient:

You become woozy, itchy and develop a pain in the side of your neck.

I advised you that your symptoms might not be allergy, but that taking an antihistamine could prevent an allergy. Not eating fried foods is a healthy decision.

You have been tested for allergies before and you have requested another test, but I suggested that you speak to your doctor about that since he already has information on file.

You have also requested an extra epipen.

### Our Impression was:

Allergy, unspecified, not elsewhere classified

### Our advice to the patient:

Please read the Instructions on the EpiPen label carefully so that you are accustomed to its use.

### If things get worse, we advised:

Take an antihistamine before you expect you will have an exposure to an allergen.

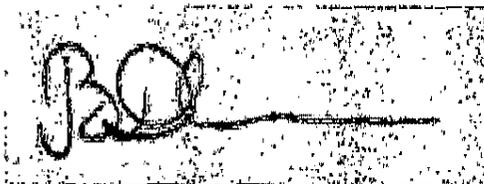
Jessica Yaniv / 12-Jun-1987 / March 30, 2019 12:10

The prescriptions that we sent the patient:

Prescribed by: Bogdan Dascalu. Prescribed at: Sat, 30 Mar 2019 12:22 PM.

Drug	Course	Quantity	Notes
Avamys 27.5	2 sprays to each nostril once daily	1	

Yours faithfully,



Dr. Bogdan Dascalu

Licence number: ID: 30002 / MSP: 67939

General Practitioner babylon by TELUS Health

Jessica Yaniv / 12-Jun-1987 / September 02, 2019 11:00

If things get worse, we advised:

If you develop any new symptoms or concerns, please arrange to see a Dr. for a physical examination

Yours faithfully,



Dr. Shelina Nurmohamed

Licence number: College ID 38356 / MSP 66485

General Practitioner babylon by TELUS Health

# Consultation Summary

Dear Dr.

Your patient had a consultation with babylon by TELUS Health on March 30, 2019 12:10. The details of this consultation are summarised below. If you have any queries relating to this consultation please contact our helpline on +18555778838.

## Patient's details:

Name: Jessica Yaniv  
Gender: Female  
DoB: 12/Jun/1987  
Clinician: Bogdan Dascalu, GP  
Time at consultation: March 30, 2019 12:10  
Appointment type: Digital

## CONSULTATION SUMMARY

### The patient told us:

You told me you developed new symptoms for the past day. You are almost done taking your course of Blaxin, and felt that you improved enough to get the flu shot. You got the flu shot 2 days ago, and a few hours later you developed mucus and vomiting. You also developed coughing, nasal congestion, post nasal drip, and sore throat.

### What we explored with the patient:

Your vomiting seems to have improved, and you last vomitted last night. You do not have any muscle aches but have a bit of headache. You are unsure if you have had a fever. You have not had chest pain or shortness of breath. There are no other new symptoms and your health history has not otherwise changed.

### Our impression was:

Acute upper respiratory infection

### Our advice to the patient:

I have prescribed Avamys which you can use for the next 1-2 weeks to help with the nasal congestion and post nasal drip. Rest, stay well hydrated, and use tylenol/advil as needed for pain or fevers or sore throat. You can also use tea with lemon, ginger, honey.

### If things get worse, we advised:

If your symptoms are not improving in the expected time frame or you develop new symptoms or you have any concerns please speak with a doctor. If you develop significant breathing difficulties please contact a doctor urgently.

## Consultation Summary

Dear Dr.

Your patient had a consultation with babylon by TELUS Health on March 28, 2019 09:00. The details of this consultation are summarised below. If you have any queries relating to this consultation please contact our helpline on +18555778838,

### Patient's details:

Name: Jessica Yaniv  
Gender: Female  
DoB: 12/Jun/1987  
Clinician: Jeffrey Peimer, GP  
Time at consultation: March 28, 2019 09:00  
Appointment type: Digital

### CONSULTATION SUMMARY

#### The patient told us:

You have a bump behind your ear which is painful not only when touched. You have noticed it before and popped it with drainage of clear fluid

#### What we explored with the patient:

It is slightly hot. It is probably an infected cyst and will require surgical drainage. Unfortunately it will not respond to antibiotics.

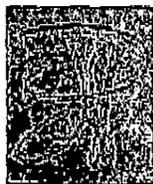
#### Our impression was:

Disorder of skin

#### Our advice to the patient:

Please see your family doctor to have it drained.

Yours faithfully,



Dr. Jeffrey Peimer

Licence number: ID: 34056/ MSP: 65045

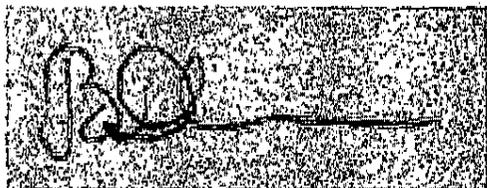
General Practitioner babylon by TELUS Health



PRIVATE AND CONFIDENTIAL

Jessica Yaniv / 12-Jun-1987 / March 25, 2019 12:10

Yours faithfully,



**Dr. Bogdan Dascalu**

**Licence number: ID: 30002 / MSP: 67939**

General Practitioner babylon by TELUS Health

## Consultation Summary

Dear Dr.

Your patient had a consultation with babylon by TELUS Health on March 25, 2019 12:10. The details of this consultation are summarised below. If you have any queries relating to this consultation please contact our helpline on +18555778838.

### Patient's details:

Name: Jessica Yaniv  
Gender: Female  
DoB: 12/Jun/1987  
Clinician: Bogdan Dascaiu, GP  
Time at consultation: March 25, 2019 12:10  
Appointment type: Digital

### CONSULTATION SUMMARY

#### The patient told us:

You told me that yesterday you noticed with drinking hot chocolate that you felt overheated and sweated profusely. This has happened to you in the past, but did not really keep track of it.

You are on Estradiol 2mg twice per day and spironolactone 100mg twice per day, under the supervision of your endocrinologist. You are also on Metformin for slightly high blood sugar level. Lastly you are taking Biaxin for your respiratory tract Infection.

#### What we explored with the patient:

When we spoke you looked well.

You were able to bring up your recent tests on your "My ehealth", and your TSH was in the 1-2 range.

#### Our Impression was:

Psychomotor agitation sweating

#### Our advice to the patient:

We discussed that your sweating can be a completely normal response to drinking hot liquids, or it could be related to your medications. I suggested monitoring your symptoms for now.

#### If things get worse, we advised:

If you get worsening symptoms or new/concerning symptoms, please book a follow-up appointment.

Jessica Yaniv / 12-Jun-1987 / March 22, 2019 19:00

Yours faithfully,



**Dr. Barbara Macfarlane**

**Licence number: ID: 38909/ MSP: 66614**

General Practitioner babylon by TELUS Health

## Consultation Summary

Dear Dr.

Your patient had a consultation with babylon by TELUS Health on March 22, 2019 19:00. The details of this consultation are summarised below. If you have any queries relating to this consultation please contact our helpline on +18555778838.

### Patient's details:

Name: Jessica Yaniv  
Gender: Female  
DoB: 12/Jun/1987  
Clinician: Barbara Macfarlane, GP  
Time at consultation: March 22, 2019 19:00  
Appointment type: Digital

## CONSULTATION SUMMARY

### The patient told us:

You are on hormone estradiol and the dose was increased a couple months ago from 2 mg per day to 4 mg per day. A couple weeks into the new dose, you began to get intermittent pain in the right breast. You are concerned because your aunt and your grandmother had breast cancer. You are wondering if the estradiol can cause breast pain.

### What we explored with the patient:

Your pain is only intermittent. There is no redness or other symptoms or a lump with the pain. You are followed by an Endocrinologist for your hormone medication and you will see them again in July. At that time you will also be prescribed progesterone along with the estradiol.

### Our impression was:

Chest pain in the breast tissue.

### Our advice to the patient:

Reassurance that the pain is common with hormone treatment. Take Advil as needed. Chart the frequency of the pain and go over it with your Endocrinologist when you see them in July.

### If things get worse, we advised:

Make an appointment with your GP if you have further questions or concerns. If your GP is not available then make an appointment with Babylon by Telus Health as needed.

Jessica Yaniv / 12-Jun-1987 / March 22, 2019 08:00

Yours faithfully,



**Dr. Jeffrey Peimer**

**Licence number: ID: 34056/ MSP: 65045**

General Practitioner babylon by TELUS Health

## Consultation Summary

Dear Dr.

Your patient had a consultation with babylon by TELUS Health on March 22, 2019 08:00. The details of this consultation are summarised below. If you have any queries relating to this consultation please contact our helpline on +18555778838.

### Patient's details:

Name: Jessica Yaniv  
 Gender: Female  
 DoB: 12/Jun/1987  
 Clinician: Jeffrey Pelmer, GP  
 Time at consultation: March 22, 2019 08:00  
 Appointment type: Digital

## CONSULTATION SUMMARY

### The patient told us:

You have an infected sore on your side.

### What we explored with the patient:

On the photograph you posted it looks like an open infected wound with small amount of surrounding infection. It has been present for the past 12 days.

Since you are on antibiotics I would not suggest adding another, but rather using a topical antibiotic and observing for 48 hours. I'm going to send a prescription to your pharmacy for bactroban, which is an antibiotic ointment. You should keep the wound covered.

### Our impression was:

Open wound of anterior abdominal wall without complication

### Our advice to the patient:

Please give the wound 48 hours to heal and cover it with a dressing.

### The prescriptions that we sent the patient:

Prescribed by Jeffrey Pelmer Prescribed at Fri, 22 Mar 2019 8:08 AM			
Drug	Course	Quantity	Notes
Bactroban Ointment 2%	Apply 6 hourly until wound heals	1	

Jessica Yaniv / 12-Jun-1987 / March 21, 2019 09:40

The prescriptions that we sent the patient:

Prescribed by: Jeffrey Palmer, Prescribed at: Thu, 21 Mar 2019 9:59 AM

Drug	Course	Quantity	Notes
Biaxin XL 500mg (tablet, extended release 24 hr)	Take 2 tablets once daily for 7 days.	14	

Yours faithfully,



Dr. Jeffrey Palmer  
 Licence number: ID: 34056/ MSP: 65045  
 General Practitioner, Babylon by TELUS Health

## Consultation Summary

Dear Dr.

Your patient had a consultation with babylon by TELUS Health on March 21, 2019 09:40. The details of this consultation are summarised below. If you have any queries relating to this consultation please contact our helpline on +18555778838.

### Patient's details:

Name: Jessica Yaniv  
Gender: Female  
DoB: 12/Jun/1987  
Clinician: Jeffrey Peimer, GP  
Time at consultation: March 21, 2019 09:40  
Appointment type: Digital

## CONSULTATION SUMMARY

### The patient told us:

You have signs of an upper respiratory tract infection.

### What we explored with the patient:

You had sinus surgery in 2006. For 4 days you have had congestion, cough, sinus headache, purulent rhinorrhea and you are feeling unwell. Since you have had sinus surgery and are expelling a purulent mucus it might be a good idea to use an antibiotic. Expectant management has not been successful before.

The questions that you have posted regarding gender issues and surgery are probably best answered by your family doctor. You also requested information about a specialized clinic for gender issues; I advised you look for information on your health authority website and speak to your family doctor.

You were given a requisition for blood tests by your family doctor, but lost it and you now request a new one. I advised you that you should speak to your family doctor about that at your next appointment. Interfering in that might cause problems with your management and be unsafe for you.

### Our impression was:

Acute upper respiratory infection

### Our advice to the patient:

You should follow the management plan as advised. Most respiratory tract infections are caused by a virus rather than bacteria, and therefore do not respond to antibiotics. Continue taking regular pain relief as advised and remember to keep hydrated by additional drinking fluids. If you smoke, this is likely to make symptoms worse.

### If things get worse, we advised:

If your symptoms are not improving in the expected time frame or you develop new symptoms or you have any concerns please speak with a doctor. If you develop significant breathing difficulties please contact a doctor urgently.

Jessica Yaniv / 12-Jun-1987 / September 02, 2019 11:00

collapse

You also have a cane and a scooter but haven't used it for a week, you are trying to be more independent and not use this

You have had some bloodwork done by Dr Mezei, your mum sees this Dr. through the Adult Metabolic Clinic at VGH, they are screening for mitochondrial disease, your mother and maternal aunt have this, You have follow up with her in January

You have headaches about twice a week, no vomiting, no visual changes with those, they tend to be posterior, they last 10 mins to 20 mins. You haven't noticed a change to the headache with your body position. You have an aversion to the light when you have a headache. You generally can't tolerate halogen lights

You have an eye exam later this week

**What we explored with the patient:**

I wanted to do a thorough examination today as we haven't been able to do much of this during previous consultations:

General gait - looked unsteady and slow

Tandem gait - Able to do this but slow and unsteady

Speech clear

Level of alertness - count out loud to 30 - no issues, copy hand gestures - no issues

General cognitive status - normal

Ability to balance on each leg - Able for several seconds, the left makes you feel more unbalanced

Ability to lift a heavy object with each hand/arm - A gallon of milk, no issues

Cranial nerves: symmetry for smiling, wrinkling forehead, blowing out cheeks, eyes tightly closed shut, sticking out tongue - All normal

Cerebellar: finger nose test, patting hand in other hand and flipping alternately, (no issues) heel/shin rubbing ( we found this difficult to do today by video)

Close your eyes and hold out your arms in front of you with palms to the sky - no tremor

Rombergs: stand with arms at the sides, then close eyes, no swaying or obviously less steady, - Negative Rombergs

**Our impression was:**

Disorder of nervous system

**Our advice to the patient:**

As per your request I will arrange the referral to the neurologist in Victoria, we did discuss that she may not accept the referral and that she may not see patients who are not Victoria residents.

Jessica Yaniv / 12-Jun-1987 / March 20, 2019 19:20

Yours faithfully,



**Dr. Barbara Macfarlane**

**Licence number: ID: 38909 / MSP: 66614**

General Practitioner babylon by TELUS Health

## Consultation Summary

Dear Dr.

Your patient had a consultation with babylon by TELUS Health on March 20, 2019 19:20. The details of this consultation are summarised below. If you have any queries relating to this consultation please contact our helpline on +18555778838.

### Patient's details:

Name: Jessica Yaniv  
Gender: Female  
DoB: 12/Jun/1987  
Clinician: Barbara Macfarlane, GP  
Time at consultation: March 20, 2019 19:20  
Appointment type: Digital

## CONSULTATION SUMMARY

### The patient told us:

You are Transgender and BCHealth has your first name recorded as Jonathan. You think your GP is out of town and so wanted to talk to a doctor. You think you are getting the flu. You have sinus congestion and are coughing up yellow mucous. You have not had a high temperature. You do not feel well. You have been drinking plenty of water. You are wondering if you need an ECG to make sure everything is OK since you have not had an ECG for about 5 years and that was fine.

### What we explored with the patient:

You have not had a very high temperature and have not taken any medication for this illness. I explained that if your ECG was normal 5 years ago, it would not be necessary to repeat that now.

### Our Impression was:

influenza

### Our advice to the patient:

You may be getting the flu but without the high temperature, that is unlikely. There may be a component of allergies with your symptoms but you did not think so. Claritin would be reasonable for allergy symptoms. Drink plenty of fluid and take Tylenol or Advil for discomfort as needed for aches and pain as well headache

### If things get worse, we advised:

Go to your GP or followup here with another appointment if you have any concerns or you are not getting better.

Jessica Yaniv / 12-Jun-1987 / September 23, 2019 11:30

Let us see what your L spine MRI shows, as I think this will be very informative in ruling in or ruling out disease.

Yours faithfully,



**Dr. Anita Natarajan**

**Licence number: College ID 20129 / MSP 26238 / CPSA 030475**

General Practitioner babylon by TELUS Health

Jessica Yaniv / 12-Jun-1987 / September 02, 2019 11:00

There are pins and needles from the centre of the thigh all the way to ankles, down the centre of each leg and the side of the hips. The pins and needles are there when the pain is there, but you can have numbness which leads to the stabbing pain

The leg pain started 2-3 weeks ago, you have had similar in the past after exercise but never this bad

Low back pain:

Where you pointed is the top of the lumbar spine

The pain is intermittent

You are unclear about what triggers it

The back pain and leg pain is separate

The back pain has been ongoing for 20 mins now

This is a new symptom today

You have had back pain before but not without a trigger such as a long walk

You have no problems controlling your bladder or bowel, there is no numbness down below - we discussed that these are urgent symptoms that need to be seen in the ER

Dizziness:

Ongoing since June,

You have passed out x 3 with standing, usually after standing for about 2 hours

You notice lightheadedness, leg numbness, left arm pain, no shortness of breath but you hyperventilate, there are palpitations, headache, you have noticed orange streaks in your vision but it occurred when lying down, you felt spaced out. You had some slurred speech in June with an episode. (You describe this as losing your train of thought but slurred speech too)

The last episode this occurred was Aug 1st, you go to the ER each time

You were admitted for 2 days back in June

When passing out you are unsure how long you are unconscious for

You believe it is about a minute

Following the episodes you feel foggy, your legs are numb, you have palpitations, difficulty breathing and feel anxious. This lasts for about 15-20 mins

You have episodes where you feel dizzy but don't pass out, this occurs about once a week. You tend to sit or lie down and then it passes

You have not felt sick or vomited during these times

Trouble walking:

You have a 4-wheeled walker, this helps maintain stability

You feel your knees will buckle

You feel numb from the knees down, you have to sit down

This all happened in June

You walk around independently in the house, you can grab the door frame or kitchen counter if you feel you may

## Consultation Summary

Dear Dr.

Your patient had a consultation with babylon by TELUS Health on September 02, 2019 11:00. The details of this consultation are summarised below. If you have any queries relating to this consultation please contact our helpline on +18555778838.

### Patient's details:

Name: Jessica Yaniv  
Gender: Female  
DoB: 12/Jun/1987  
Clinician: Shelina Nurmohamed, GP  
Time at consultation: September 02, 2019 11:00  
Appointment type: Digital

### CONSULTATION SUMMARY

#### The patient told us:

You are at home today and asking for a referral to a neurologist on the Island, Dr. Viera Saly, Victoria

So far 4 previous neurologists have declined the referral in the Vancouver area. The final neurologist was the one to perform the EEG but also declined the referral and recommended a referral to a general neurologist.

I wanted to use today's appointment to gain a full understanding of the history of your concerns and perform as much of a neurological exam as we can.

You were found after having dizzy spells to have an arachnoid cyst of the brain on CT. You were seen by a specialist (neuro) at that time who said this was likely not of clinical significance.

You are seeing a neurosurgeon in about a year's time

You have an MRI head booked in November

You are concerned that the cyst is causing you trouble with walking, pain and dizziness

You have pain of the legs from the inside of the thighs to the front of both legs, no pain at the back.

The pain is intermittent

Lying down eases the pain

There are no obvious triggers

Pain lasts up to 2.5 hours

It was 8/10

A WIC gave you gabapentin for this, you have taken this for 4 days now. It is not helping yet

Currently you have no leg pain

Jessica Yaniv / 12-Jun-1987 / August 28, 2019 13:00

**Our advice to the patient:**

- 1) I'll renew your epipen
- 2) I'll redirect your sleep assessment referral
- 3) I will have to discuss with my team about a care plan for you.

**If things get worse, we advised:**

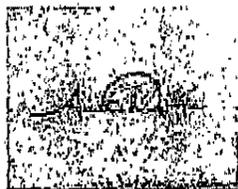
Go to emergency if you have any of the symptoms we discussed.

**The prescriptions that we sent the patient:**

Prescribed by: Anita Natarajan. Prescribed at: Wed, 28 Aug 2019 1:30 PM.

Drug	Course	Quantity	Notes
Epipen	One single dose for symptoms of anaphylaxis in upper outer thigh as directed	1	

Yours faithfully,



**Dr. Anita Natarajan**

Licence number: College ID 20129 / MSP 26238 / CP5A 030475

General Practitioner babylon by TELUS Health

# Consultation Summary

Dear Dr.

Your patient had a consultation with babylon by TELUS Health on August 28, 2019 13:00. The details of this consultation are summarised below. If you have any queries relating to this consultation please contact our helpline on +18555778838.

## Patient's details:

Name: Jessica Yaniv  
Gender: Female  
DoB: 12/Jun/1987  
Clinician: Anita Natarajan, GP  
Time at consultation: August 28, 2019 13:00  
Appointment type: Digital

## CONSULTATION SUMMARY

### The patient told us:

You are requesting an EpiPen prescription renewal.

You get anaphylaxis with seafood/fish. You had allergy testing done 2 weeks ago, as you had been referred by your previous GP. It suggested that you were no longer allergic to seafood.

You have never had full anaphylactic reaction to seafood, as you always try to avoid it.

You want a referral to the abbotsford sleep clinic at the hospital.

4-5 of our neurology referrals were rejected.

Specific symptoms: headaches, dizziness, syncope.

You had an EEG which showed no seizure activity. Your CT head was normal.

You found a GP in metrotown - Dr. Yunus. There are 300 people on the wait list. The office told you that they would contact you by the end of September.

You are not using alcohol, drugs or caffeine. You have energy drinks every 4 days.

You had questions about exercise.

### What we explored with the patient:

You appear to have normal speech and cognition.

### Our impression was:

Allergy, unspecified, not elsewhere classified

Jessica Yaniv / 12-Jun-1987 / August 26, 2019 09:30

**If things get worse, we advised:**

If you develop any new symptoms including trouble breathing, please see a Dr. immediately for a physical examination

Yours faithfully,



**Dr. Shellna Nurmohamed**

**Licence number: College ID 38356 / MSP 66485**

General Practitioner babylon by TELUS Health

# Consultation Summary

Dear Dr.

Your patient had a consultation with babylon by TELUS Health on August 26, 2019 09:30. The details of this consultation are summarised below. If you have any queries relating to this consultation please contact our helpline on +18555778838.

## Patient's details:

Name: Jessica Yaniv  
Gender: Female  
DOB: 12/Jun/1987  
Clinician: Shellna Nurmohamed, GP  
Time at consultation: August 26, 2019 09:30  
Appointment type: Digital

## CONSULTATION SUMMARY

### The patient told us:

You wanted to talk about sleep apnoea today

You have done the sleep apnoea test 5-6 times

You move around at night, you end up removing the machine in the night while sleeping. It is a pulse ox with nasal prongs.

### What we explored with the patient:

You have not tried the sleep apnoea test with the mask

You were seen at RHS Canada, and Medpro previously

The tests are repeatedly inconclusive

I spoke with your mother too, she is under Dr. Wilcox at St. Pauls, respirologist.

She would like you to be referred to him. She sees him for mitochondrial disease and respiratory problems. She said her sister also has sleep apnoea.

We discussed trying to find out whether the sleep clinic can provide a mask for the assessment, you feel you would be more likely to keep this one at night.

I will try to find out if the clinic can provide this equipment for the test

### Our Impression was:

Sleep disorder

### Our advice to the patient:

We will look into finding out if a sleep clinic can provide a mask for the assessment

# Consultation Summary

Dear Dr.

Your patient had a consultation with babylon by TELUS Health on August 20, 2019 14:00. The details of this consultation are summarised below. If you have any queries relating to this consultation please contact our helpline on +18555778838.

## Patient's details:

Name: Jessica Yaniv  
Gender: Female  
DoB: 12/Jun/1987  
Clinician: Shelina Nurmohamed, GP  
Time at consultation: August 20, 2019 14:00  
Appointment type: Digital

## CONSULTATION SUMMARY

### The patient told us:

You were out having lunch in a restaurant and unable to talk confidentially and so you will rebook your appointment

Yours faithfully,



**Dr. Shelina Nurmohamed**  
**Licence number: College ID 38356 / MSP 66485**  
General Practitioner babylon by TELUS Health

Jessica Yaniv / 12-Jun-1987 / August 13, 2019 08:00

Yours faithfully,



**Dr. Anita Natarajan**

**Licence number: College ID 20129 / MSP 26238 / CPSA 030475**

General Practitioner babylon by TELUS Health

# Consultation Summary

Dear Dr.

Your patient had a consultation with babylon by TELUS Health on August 13, 2019 08:00. The details of this consultation are summarised below. If you have any queries relating to this consultation please contact our helpline on +18555778838.

## Patient's details:

Name: Jessica Yaniv  
Gender: Female  
DoB: 12/Jun/1987  
Clinician: Anita Natarajan, GP  
Time at consultation: August 13, 2019 08:00  
Appointment type: Digital

## CONSULTATION SUMMARY

### The patient told us:

We discussed your hip/femur Xray. There were no fractures.

You were in hospital last night after what you called a seizure: you "spaced out" for 10-15 minutes while going for a walk at 10pm.

You did not have body shakes.

You say you did not have any tests. You have your EEG tomorrow, and a CT head this Friday (ordered by a walk in clinic doctor right after the car collision).

You found a family doctor through trans-care B.C. in Burnaby. Dr. Yunus. You haven't met yet.

You are requesting multiple referrals: sleep specialist, Internist (2nd opinion).

You don't have the results of your sleep study yet, and you haven't tried CPAP trial yet.

### Our impression was:

Dizziness and giddiness

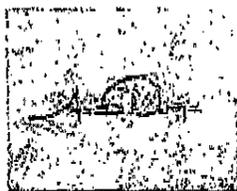
### Our advice to the patient:

You will follow up with your new family doctor.

We discussed the fact that appropriate referrals can only be done for complex cases, when you have been physically examined.

Jessica Yaniv / 12-Jun-1987 / August 12, 2019 10:50

Yours faithfully,



**Dr. Anita Natarajan**

**Licence number: College ID 20129 / MSP 26238 / CPSA 030475**

**General Practitioner babylon by TELUS Health**

# Consultation Summary

Dear Dr.

Your patient had a consultation with babylon by TELUS Health on August 12, 2019 10:50. The details of this consultation are summarised below. If you have any queries relating to this consultation please contact our helpline on +18555778838.

## Patient's details:

Name: Jessica Yaniv  
Gender: Female  
DoB: 12/Jun/1987  
Clinician: Anita Natarajan, GP  
Time at consultation: August 12, 2019 10:50  
Appointment type: Digital

## CONSULTATION SUMMARY

### The patient told us:

You have a Chiropractor appointment

You were hit by a car on Thursday, 4 days ago.

You had an altercation with the media, who wanted to interview you against your consent. In pursuing you, their car hit you.

Police are involved.

Your left hip is hurting. You say that before the accident, it was not hurting to the extent that it is hurting now.

### What we explored with the patient:

You can march up and down on the spot, with pain. you can't lift your left knee up at a 45 degree angle at your hip.

You cannot squat fully.

You are tender at your left groin

### Our advice to the patient:

1) we cannot bill ICBC for this visit, but seeing as you are at the Chiropractor now, I will grant you the referral, but you need to have an In person examination at a clinic.

### If things get worse, we advised:

See a doctor in person if you have any numbness or tingling in the leg or you cannot walk.

Jessica Yaniv / 12-Jun-1987 / August 08, 2019 16:40

Will be getting EEG done and follow up with neurologist for complicated neurologic symptoms. Reinforced continue with walker/scooter for support/stability to prevent further falls.

**If things get worse, we advised:**

Follow up with regular clinic and neurologists for any ongoing or worsening symptoms.

Yours faithfully,



**Dr. Carlie Germain**

**Licence number: ID: 39197 / MSP: 66679**

General Practitioner babylon by TELUS Health

# Consultation Summary

Dear Dr.

Your patient had a consultation with babylon by TELUS Health on August 08, 2019 16:40. The details of this consultation are summarised below. If you have any queries relating to this consultation please contact our helpline on +18555778838.

## Patient's details:

Name: Jessica Yaniv  
Gender: Female  
DoB: 12/Jun/1987  
Clinician: Carlie Germain, GP  
Time at consultation: August 08, 2019 16:40  
Appointment type: Digital

## CONSULTATION SUMMARY

### The patient told us:

Doesn't have GP or regular clinic.

Says had a fall 1 week ago while in shower.

Thinks had a seizure or syncope prior to fall.

Woke up in tub, landed on Left elbow (which was bleeding) and Left hip/buttock.

Called 911, was taken to Ridge Meadows hospital. They weren't able to do any imaging there, but was examined and discharged.

Awaiting urgent EEG at VGH next week.

Saw neurologist when in hospital in June, had CT head done then. Awaiting new neurologist.

Pain still on Left posterior buttock, not into side of hip or groin. No bruising or swelling.

Pain going down back of thigh, but not into low back. No numbness/tingling.

Does have mobility scooter and walker since June, for ataxia.

Has been trying to walk and stand/stretch. But says not able to walk long distances.

Not using any analgesia, not using ice/heat or topicals.

On many medications, and will be starting 2 new meds soon.

### Our impression was:

Other and ill-defined sprains and strains

### Our advice to the patient:

Likely soft-tissue injury and contusion of Left buttock and Ischium from the fall. Discussed pain can linger for a couple weeks, but should slowly be improving. Has been standing/walking, so doesn't sound like a fracture.

Reinforced trying to stay active, avoid sitting too long, good cushioning under sits bones, can use ice or heat, and tylenol/acetaminophen is safe to use with list of other medications.

If pain/stiffness getting worse then suggested follow-up in clinic directly for proper physical exam and could then consider imaging. reinforced the importance to trying to find regular GP.

## Consultation Summary

Dear Dr.

Your patient had a consultation with babylon by TELUS Health on August 08, 2019 13:40. The details of this consultation are summarised below. If you have any queries relating to this consultation please contact our helpline on +18555778838.

### Patient's details:

Name: Jessica Yaniv  
Gender: Female  
DoB: 12/Jun/1987  
Clinician: Michael Healey, GP  
Time at consultation: August 08, 2019 13:40  
Appointment type: Digital

### CONSULTATION SUMMARY

#### The patient told us:

I was unfortunately unable to connect with you over video or audio.

#### What we explored with the patient:

Please reschedule your appointment for another convenient time to discuss any concerning health matters

Yours faithfully,



**Dr. Michael Healey**

**Licence number: Licence: 33944 / MSP: 60303**

General Practitioner babylon by TELUS Health

Jessica Yaniv / 12-Jun-1987 / August 07, 2019 15:30

Yours faithfully,



**Dr. Anita Natarajan**

**Licence number: College ID 20129 / MSP 26238 / CPSA 030475**

**General Practitioner babylon by TELUS Health**

# Consultation Summary

Dear Dr.

Your patient had a consultation with babylon by TELUS Health on August 07, 2019 15:30. The details of this consultation are summarised below. If you have any queries relating to this consultation please contact our helpline on +18555778838.

## Patient's details:

Name: Jessica Yaniv  
Gender: Female  
DoB: 12/Jun/1987  
Clinician: Anita Natarajan, GP  
Time at consultation: August 07, 2019 15:30  
Appointment type: Digital

## CONSULTATION SUMMARY

### The patient told us:

You are requesting a CT head.

You last had a CT scan of your head in June. You have an MRI head booked for November.

You were in Harrison Hot Springs and you say you had a seizure. You went to Chilliwack hospital. You didn't have any scans or bloodwork there.

We discussed your multiple

You have a little bit of a headache.

You have your EEG next week.

### What we explored with the patient:

You are oriented to time, place and person.

You are speaking normally.

You have full range of motion of your neck, shoulders, knees and almost full range of your lumbar motion.

### Our impression was:

Disorder of nervous system

### Our advice to the patient:

- 1) I think at this point, a CT scan is not needed, since you had one recently.
- 2) Let us wait for the EEG next week. I think this will give us useful information.

### If things get worse, we advised:

Go to ER if you have any severe neurological symptoms: fainting, loss of consciousness, increasing headache, blurred vision.

Jessica Yaniv / 12-Jun-1987 / August 02, 2019 08:00

Yours faithfully,



**Dr. Anita Natarajan**

**Licence number: College ID 20129 / MSP 26238 / CPSA 030475**

General Practitioner babylon by TELUS Health

# Consultation Summary

Dear Dr.

Your patient had a consultation with babylon by TELUS Health on August 02, 2019 08:00. The details of this consultation are summarised below. If you have any queries relating to this consultation please contact our helpline on +18555778838.

## Patient's details:

Name: Jessica Yaniv  
Gender: Female  
DoB: 12/Jun/1987  
Clinician: Anita Natarajan, GP  
Time at consultation: August 02, 2019 08:00  
Appointment type: Digital

## CONSULTATION SUMMARY

### The patient told us:

You are in a moving car, and our video reception was not good. So we did our consultation via audio.

You want to be referred to a different sleep clinic. The one you went to is trying to sell you things by your report. You feel they are too pushy. I feel that all sleep clinics are uniform in their assessment and treatment methods, but you insist on another referral.

You slipped in the bathtub yesterday. You went to ER. CT machine at ridge meadows wasn't working. You fell on your left side with your head tilted back. They were only concerned about your head. They did not feel the need to order Xrays for your body.

You are able to move your arms and legs, but it is painful.

### What we explored with the patient:

You sound alert with no speech abnormalities that I can tell from our brief conversation.

### Our impression was:

Sleep disorder

### Our advice to the patient:

I will re-route your referral for a different sleep clinic.

I need to be able to see you in order to decide on the further investigations you would like to get. Rebook when you are at home with proper wifi.

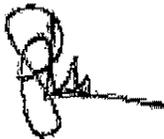
### If things get worse, we advised:

Consult emergency if you are dizzy, or have symptoms that relate to a head injury: severe headache, loss of balance, vomiting, visual disturbance.

Jessica Yaniv / 12-Jun-1987 / July 29, 2019 09:30

If you develop any new or worsening symptoms please see a Dr for a physical exam

Yours faithfully,



**Dr. Shellna Nurmohamed**

**Licence number: College ID 38356 / MSP 66485**

General Practitioner babylon by TELUS Health

# Consultation Summary

Dear Dr.

Your patient had a consultation with babylon by TELUS Health on July 29, 2019 09:30. The details of this consultation are summarised below. If you have any queries relating to this consultation please contact our helpline on +18555778838.

## Patient's details:

Name: Jessica Yaniv  
Gender: Female  
DoB: 12/Jun/1987  
Clinician: Shelina Nurmohamed, GP  
Time at consultation: July 29, 2019 09:30  
Appointment type: Digital

## CONSULTATION SUMMARY

### The patient told us:

You are having trouble getting your EEG arranged, you were originally told it would be a 2 day wait during your admission to Surrey Memorial (June 20th). You still haven't heard back. You have a neurology and neurosurgical referral pending

You would like to know if we can arrange the referral for the EEG, VGH would be happy to arrange this

### What we explored with the patient:

VGH didn't tell you what the wait time would be  
We discussed it may be even longer than the Surrey Memorial wait time

You have spoken to Surrey Memorial at least 30 times since it was booked, you are told the referral needs to be triaged by the Dr. still

I will try to discuss this with the Support team, perhaps they can contact Surrey and see what the wait time will be, or we can discuss sending the referral to VGH if needed

You also need a refill of Metformin 500mg, you take two in the morning and at night which I will arrange

### Our Impression was:

Screening for neurological conditions

### Our advice to the patient:

The support team are looking into your EEG and will contact you about this  
I checked and it seems Dr Natarajan prescribed your Metformin 500mg (240 tablets) on July 15th so have asked the support team to check on this too

### If things get worse, we advised:

Jessica Yaniv / 12-Jun-1987 / July 22, 2019 08:00

Yours faithfully,



**Dr. Anita Natarajan**

**Licence number: College ID 20129 / MSP 26238 / CP5A 030475**

General Practitioner babylon by TELUS Health

# Consultation Summary

Dear Dr.

Your patient had a consultation with babylon by TELUS Health on July 22, 2019 08:00. The details of this consultation are summarised below. If you have any queries relating to this consultation please contact our helpline on +18555778838.

## Patient's details:

Name: Jessica Yaniv  
Gender: Female  
DoB: 12/Jun/1987  
Clinician: Anita Natarajan, GP  
Time at consultation: July 22, 2019 08:00  
Appointment type: Digital

## CONSULTATION SUMMARY

### The patient told us:

Your mother was present at your appointment today, and she had some questions about mitochondrial disease, which runs in your family. You have an appointment with the Mitochondrial Disease Clinic in January 2020.

You (Jessica) are having right breast pain since March 2019. You have not felt any lumps. When you press down on the centre of the breast, you feel tenderness.

You are requesting a referral to a Gynecologist.

You had an ultrasound of your breast down 1 month ago.

You don't know about your appointment with your new GP yet. You are waiting to hear from them, but you will contact the office.

You plan to undergo gender reassignment surgery in the future.

### What we explored with the patient:

When I look at the breast I don't see any skin puckering or redness.

### Our impression was:

Disorder of breast

### Our advice to the patient:

I will refer to Dr. Colleen Dy to ask if this is an estrogen effect.

### If things get worse, we advised:

See your family doctor in person if you get increasing pain or any lump.

Jessica Yaniv / 12-Jun-1987 / July 15, 2019 08:30

The prescriptions that we sent the patient:

Prescribed by: Anita Natarajan. Prescribed at: Mon, 15 Jul 2019 9:00 AM.

Drug	Course	Quantity	Notes
Metformin 500 Mg Tablet	2 tablets twice a day for 60 days	240	

Yours faithfully,



Dr. Anita Natarajan  
Licence number: College ID 20129 / MSP 26238 / CPSA 030475  
General Practitioner babylon by TELUS Health

# Consultation Summary

Dear Dr.

Your patient had a consultation with babylon by TELUS Health on July 15, 2019 08:50. The details of this consultation are summarised below. If you have any queries relating to this consultation please contact our helpline on +18555778838.

## Patient's details:

Name: Jessica Yaniv  
Gender: Female  
DoB: 12/Jun/1987  
Clinician: Anita Natarajan, GP  
Time at consultation: July 15, 2019 08:50  
Appointment type: Digital

## CONSULTATION SUMMARY

### The patient told us:

We reviewed your labwork.

You were in ER 2 days ago with an episode of whole body twitching but no loss of consciousness. Bloodwork is normal.

You have your EEG upcoming.

The main abnormality is your blood sugar again, which shows a significant elevation.

This pattern is consistent with a diagnosis of Type II Diabetes.

You have an outstanding referral (August 1st) for the Diabetes Clinic.

You made some dietary changes 1 month ago. You are only taking your Metformin once/day.

### Our impression was:

Diabetes

### Our advice to the patient:

You should be taking your Metformin at least twice/day. 2 (500mg) tablets twice/day.

Call us back in 3 months and we'll give you a form to recheck your blood sugar.

You need to see your family doctor.

### If things get worse, we advised:

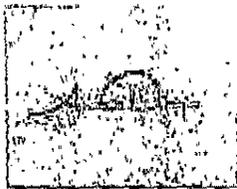
Back to emergency if you have any dizziness or shortness of breath.

Jessica Yaniv / 12-Jun-1987 / July 12, 2019 09:30

The prescriptions that we sent the patient:

Prescribed by: Anita Natarajan. Prescribed at: Fri, 12 Jul 2019 9:42 AM			
Drug	Course	Quantity	Note
Jamp-Cyanocobalamin 1000mcg/ml (vial (sdv,mdv or additive))	Intramuscular injection every 2-4 weeks, dispense 10mL	1	

Yours faithfully,



Dr. Anita Natarajan

Licence number: College ID 20129 / MSP 26238 / CPSC 030475

General Practitioner babylon by TELUS Health

# Consultation Summary

Dear Dr.

Your patient had a consultation with babylon by TELUS Health on July 12, 2019 09:30. The details of this consultation are summarised below. If you have any queries relating to this consultation please contact our helpline on +18555778838.

## Patient's details:

Name: Jessica Yaniv  
Gender: Female  
DoB: 12/Jun/1987  
Clinician: Anita Natarajan, GP  
Time at consultation: July 12, 2019 09:30  
Appointment type: Digital

## CONSULTATION SUMMARY

### The patient told us:

You require a prescription for B12 injections.

You are feeling better today.

You had your first B12 injection yesterday at a walk in clinic, and you feel better already.

You misplaced the vial, so you need a refill

Your mother and maternal aunt have mitochondrial disease: they have profound fatigue, deafness, muscle weakness.

"Complex 4 deficiency"

You have had all of these symptoms for a few months.

You did a hearing test 2 weeks ago and it showed 50% hearing loss in both ears.

I think it would be reasonable for you to be evaluated at the Adult Metabolic Clinic, where your mom and maternal aunt have been followed for the last 720 years.

Height: 5'11" , Wt: 255lbs . You have been on hormone treatments since October 2018. You are planning to undergo gender reassignment surgery in the future.

### What we explored with the patient:

You appear much brighter to me than you did at our last visit. You still have profound fatigue.

### Our impression was:

Malaise and fatigue

### Our advice to the patient:

- 1) It is very important that you get a family doctor since we can't do physical exams, and these are important for you.
- 2) I will refer you to the Metabolic Diseases Centre, Dr. Mezel.

Jessica Yaniv / 12-Jun-1987 / July 11, 2019 08:00

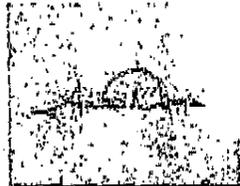
Go back to hospital if you have fainting spells, jerking of the body or loss of consciousness

### DIAGNOSTICS REQUESTED

The tests that we have given the patient requests for:

Diagnostic Tests
Glucose _ fasting (see reverse for patient instructions)
Hemoglobin A1c

Yours faithfully,



**Dr. Anita Natarajan**  
Licence number: College ID 20129 / MSP 26238 / CPSA 030475  
General Practitioner babylon by TELUS Health

# Consultation Summary

Dear Dr.

Your patient had a consultation with babylon by TELUS Health on July 11, 2019 08:00. The details of this consultation are summarised below. If you have any queries relating to this consultation please contact our helpline on +18555778838.

## Patient's details:

Name: Jessica Yaniv  
Gender: Female  
DoB: 12/Jun/1987  
Clinician: Anita Natarajan, GP  
Time at consultation: July 11, 2019 08:00  
Appointment type: Digital

## CONSULTATION SUMMARY

### The patient told us:

You are here to review the bloodwork I ordered. Done on July 10th.

Your fasting blood sugar was 9.9 and your B12 was low at 141. You recently stopped your supplements (magnesium and B12 and a few others). You are not vegetarian/vegan.

You don't recall ever being told you have diabetes.

You were at Surrey Hospital early a.m. today because of a spell of feeling faint. They booked you for an EEG outpatient, bloodwork was normal except increased CRP of 8.

### What we explored with the patient:

You appear alert and oriented, speaking normally as you always have.

You are lying down and appear tired.

### Our impression was:

Diabetes mellitus

### Our advice to the patient:

You will be seeing Dr. Dahl again on August 5th.

You will be contacted by your new family doctor's office this week. Please give us the name of this new doctor so that we may send your records.

Diabetes is a condition that needs careful diagnosis and ongoing management. I am going to confirm that your blood sugar is elevated by repeating your bloodwork again in 1 month.

You will require B12 injections at your family doctor's office once/month, and you can work out a mutually convenient schedule.

### If things get worse, we advised:

Jessica Yaniv / 12-Jun-1987 / July 08, 2019 15:20

a family doctor in your community first.

If things get worse, we advised:

Go back to emergency if you have worsening dizziness. Avoid driving.

### DIAGNOSTICS REQUESTED

The tests that we have given the patient requests for:

Diagnostic tests
Hematology Profile
Ferritin (query iron deficiency)
Suspected Hypothyroidism (TSH rst, FT4 if indicated)

Yours faithfully,



**Dr. Anita Natarajan**

Licence number: College ID 20129 / MSP 26238 / CPSA 030475

General Practitioner babylon by TELUS Health

# Consultation Summary

Dear Dr.

Your patient had a consultation with babylon by TELUS Health on July 08, 2019 15:20. The details of this consultation are summarised below. If you have any queries relating to this consultation please contact our helpline on +18555778838.

## Patient's details:

Name: Jessica Yaniv  
Gender: Female  
DoB: 12/Jun/1987  
Clinician: Anita Natarajan, GP  
Time at consultation: July 08, 2019 15:20  
Appointment type: Digital

## CONSULTATION SUMMARY

### The patient told us:

You found a family doctor Dr. Curry at the Thunderbird Family Practice. You are waiting to hear back from their office in the coming week.

You are seeing a Neurosurgeon in 1 year.

He didn't feel your condition warranted surgery. What you understood from the referral was that the Neurosurgeon didn't feel that surgery would be helpful or necessary but he's seeing you to reassure you.

You went to emergency at VGH few days ago, and the ER doc there re-referred you back to Dr. Kanungo, neurologist you saw a few weeks ago.

Today's Recap of your symptoms: frequent episodes of sleepiness every 2 hours, even through the night, you feel like you are "walking on water", you feel like your legs are numb, you fall frequently, pain in the left posterior head.

You haven't followed up on your sleep study recommendations for CPAP. You felt the first test was not accurate because the monitor kept falling off.

You also heard through a friend about the complex diseases referral unit and wondered about a referral, as you are concerned about central sensitivity syndrome.

### Our Impression was:

Sleep disorder

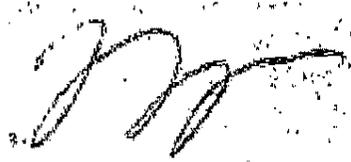
### Our advice to the patient:

- 1) I feel you should repeat your sleep study if you feel the first one didn't measure you accurately, and you should follow through with the recommendations. Sleep Apnea is a common cause of daytime drowsiness
- 2) I don't think a referral to the complex diseases unit is needed at this time and I think you should get established with

Jessica Vaniv / 12-Jun-1987 / July 07, 2019 09:30

management if needed.

Yours faithfully,



**Dr. Natalia Konovalova**

**Licence number: College ID 29494 / MSP 66536**

**General Practitioner babylon by TELUS Health**

# Consultation Summary

Dear Dr.

Your patient had a consultation with babylon by TELUS Health on July 07, 2019 09:30. The details of this consultation are summarised below. If you have any queries relating to this consultation please contact our helpline on +18555778838.

## Patient's details:

Name: Jessica Yaniv  
Gender: Female  
DoB: 12/Jun/1987  
Clinician: Natalia Konovalova, GP  
Time at consultation: July 07, 2019 09:30  
Appointment type: Digital

## CONSULTATION SUMMARY

### The patient told us:

You told us that you need a referral to Dr. C. Haw, Neurologist- near by VGH.

You had numbness in both legs below waist. You told us that you had to walk with a walker otherwise you could lose a balance.

No falls so far.

You did not have urination or bowel issues - no incontinence.

You had been diagnosed with arachnoid cyst in the brain and Dr. A. Lee (Neurologist) told you that it was not a life threatening.

You did talk to an endocrinologist and he also recommended to see neurologist.

### What we explored with the patient:

You looked well.

You were lying in bed.

You did a self exam for me and you told me that you had no numbness in the saddle area.

### Our impression was:

Disorder of nervous system

### Our advice to the patient:

We will send a referral to Dr Haw.

You should be cautious, use walker.

### If things get worse, we advised:

If you would develop more symptoms or concern you should see a doctor face to face who can examine you and adjust

Jessica Yaniv / 12-Jun-1987 / July 02, 2019 10:10

**Our impression was:**

Hypoglycemia

**Our advice to the patient:**

Please monitor your blood glucose levels and if you have a further episode please be seen for a physical examination

**If things get worse, we advised:**

If you have an episode of loss of consciousness or loss of feeling of one side of the body, please be seen at the ER

Yours faithfully,



**Dr. Shelina Nurmohamed**

Licence number: College ID 38355 / MSP 66485

General Practitioner babylon by TELUS Health

# Consultation Summary

Dear Dr.

Your patient had a consultation with babylon by TELUS Health on July 02, 2019 10:10. The details of this consultation are summarised below. If you have any queries relating to this consultation please contact our helpline on +18555778838.

## Patient's details:

Name: Jessica Yaniv  
Gender: Female  
DoB: 12/Jun/1987  
Clinician: Shelina Nurmohamed, GP  
Time at consultation: July 02, 2019 10:10  
Appointment type: Digital

## CONSULTATION SUMMARY

### The patient told us:

Yesterday you were sitting in the car and lost feeling from the neck down, it lasted 3 minutes and affected both left and right sides. You are unsure if your sugar dropped, you rushed into Subway and ate & then felt better

You weren't able to check your sugar at that time

You were able to walk with assistance from your mum, it was scary for you

After eating you were able to get your feeling back and it hasn't happened again since

Your mum sees an Internist, you spoke to him and he suggested seeing you, Dr Russel Leonard,

You have been referred to Dr Spacey, (Neuro) we are waiting to see when this appointment will be

Your neurosurgeon appt is in 1 year, this is reassuring as they don't feel you need to be seen sooner than that

### What we explored with the patient:

We discussed that it is unclear what caused your body to go numb, but since it felt better immediately after eating, perhaps your sugar was a little low, please pick up your prescription for your glucose testing strips so you can monitor this

We discussed the referral to the specialist but I feel this needs a physical exam before we can refer. It would make sense that if it does happen again, you see a Dr who can perform an examination and you should check your sugars, this way we would know better what has caused these symptoms and how to manage them

I explained that these symptoms should not have anything to do with your slightly raised GGT level

Jessica Yaniv / 12-Jun-1987 / June 27, 2019 12:10

## DIAGNOSTICS REQUESTED

The tests that we have given the patient requests for:

Diagnostic tests

GGT

Yours faithfully,



Dr. Anita Natarajan

Licence number: College ID 20129 / MSP 26238 / CPSA 030475

General Practitioner babylon by TELUS Health

## Consultation Summary

Dear Dr.

Your patient had a consultation with babylon by TELUS Health on June 27, 2019 12:10. The details of this consultation are summarised below. If you have any queries relating to this consultation please contact our helpline on +18555778838.

### Patient's details:

Name: Jessica Yaniv  
Gender: Female  
DoB: 12/Jun/1987  
Clinician: Anita Natarajan, GP  
Time at consultation: June 27, 2019 12:10  
Appointment type: Digital

## CONSULTATION SUMMARY

### The patient told us:

You found your Gamma GT to be 68 on myehealth. GGT was ordered by a walk in clinic doctor yesterday, and so we don't have these results. Your GGT was 49? 1 month ago. You are worried about liver disease.

We talked about all your recent health problems involving your recent neurosurgical referral. You wanted to see Dr. Spacey who has seen you 12 years ago as well as your family members.

You are currently using a scooter to get around because of your dizzy spells.

You have a Blake's cyst pushing on your 3rd and 4th ventricles causing your symptoms.

You will be referred to a neurosurgeon.

### Our impression was:

Liver

### Our advice to the patient:

Currently, I don't see the elevated GGT as being a major problem, as it is only recently elevated. I feel we can just repeat this and observe the trend.

### If things get worse, we advised:

Please go to the emergency if you feel like you will faint, if you have increasing headache or if you have any visual disturbance (double vision or blacking out).

Jessica Yaniv / 12-Jun-1987 / June 17, 2019 13:00

**If things get worse, we advised:**

If you develop any sudden changes, severe headaches with vomiting or vision changes or sudden limp changes, please go to the ER

Yours faithfully,



**Dr. Shelina Nurmohamed**

**Licence number: College ID 38356 / MSP 66485**

General Practitioner babylon by TELUS Health

# Consultation Summary

Dear Dr.

Your patient had a consultation with babylon by TELUS Health on June 17, 2019 13:00. The details of this consultation are summarised below. If you have any queries relating to this consultation please contact our helpline on +18555778838.

## Patient's details:

Name: Jessica Yaniv  
Gender: Female  
DoB: 12/Jun/1987  
Clinician: Shellna Nurmohamed, GP  
Time at consultation: June 17, 2019 13:00  
Appointment type: Digital

## CONSULTATION SUMMARY

### The patient told us:

We received your report from the hospital including a CT head

You have a new family Dr. He is currently reviewing your intake form, you have been advised you should be accepted shortly.

You saw a Neurologist today, Dr Anish Kanungo, Jim Patterson Outpatient

He looked at the CT scan, there is a Blakes Cyst, it is growing and it is pushing on your 3rd and 4th ventricles  
You will need surgery. You have been referred to a neurosurgeon, you will see them in the next few weeks

You were advised this has impaired your cognitive and motor ability, you are getting eye twitching which is related to this also.

You are unable to walk straight, this has developed slowly and is getting worse, this is scary for you.

### What we explored with the patient:

We discussed writing down questions you may have for the neurosurgeon. You had questions about the surgery/recovery and I am unable to answer these but recommend asking the specialist

### Our impression was:

Cerebral cyst.

### Our advice to the patient:

I recommend seeing the neurosurgeon as planned and try to stay positive. If you do require surgery, you may feel much better once you have recovered from this. Your walking and cognitive function may improve

Jessica Yaniv / 12-Jun-1987 / June 11, 2019 09:30

Syncope and collapse

**Our advice to the patient:**

I advised that we cannot take ownership of your medical results ordered by other physicians as we are not a Family Practice. It would be best to either continue seeing Dr Cooner or to start a relationship with the other clinic accepting patients who can provide the best holistic care

**If things get worse, we advised:**

Follow up with your ultrasound and neurology appointment as planned

Yours faithfully,



**Dr. Shellina Nurmohamed**

**Licence number: College ID 38386 / MSP 66483**

General Practitioner babylon by TELUS Health

# Consultation Summary

Dear Dr.

Your patient had a consultation with babylon by TELUS Health on June 11, 2019 09:30. The details of this consultation are summarised below. If you have any queries relating to this consultation please contact our helpline on +18555778838.

## Patient's details:

Name: Jessica Yaniv  
Gender: Female  
DoB: 12/Jun/1987  
Clinician: Shellna Nurmohamed, GP  
Time at consultation: June 11, 2019 09:30  
Appointment type: Digital

## CONSULTATION SUMMARY

### The patient told us:

Dr Cooner is no longer your GP, you had a breakdown in your relationship yesterday

Yesterday around 9pm, you were walking in your living room, you knee buckled and you dropped to the ground. You were out for 10 minutes. On waking, the fire department & ambulance were present. You have a fall alarm which contacted them

You were taken to the ER, you had a CT brain, arachnoid cyst in the cerebellum  
They have referred you a neurologist, Dr John Nicholl, your mum is under his care

Your breathing rate was 50 breaths a minute when you were found  
Your glucose was 6.7  
You had blood work, ECG, CXR - you weren't informed of the results

You were discharged at 2am

You were seen by a WIC yesterday for right breast pain, and the Dr could feel a breast lump. You have an ultrasound later today

### What we explored with the patient:

You wanted to know if you can have all your records sent to Babylon

You know another clinic who are accepting patients 5 minutes from where you live

### Our Impression was:

Jessica Yaniv / 12-Jun-1987 / June 07, 2019 14:10

The prescriptions that we sent the patient:

Prescribed by: Shellna Nurmohamed. Prescribed at: Fri, 07 Jun 2019 2:35 PM.

Drug	Course	Quantity	Notes
Avamys	2 sprays each nostril once daily	1	

Yours faithfully,



Dr. Shellna Nurmohamed  
 Licence number: College ID 38356 / MSP 66485  
 General Practitioner babylon by TELUS Health

# Consultation Summary

Dear Dr.

Your patient had a consultation with babylon by TELUS Health on June 07, 2019 14:10. The details of this consultation are summarised below. If you have any queries relating to this consultation please contact our helpline on +18555778838.

## Patient's details:

Name: Jessica Yaniv  
Gender: Female  
DoB: 12/Jun/1987  
Clinician: Shelina Nurmohamed, GP  
Time at consultation: June 07, 2019 14:10  
Appointment type: Digital

## CONSULTATION SUMMARY

### The patient told us:

You have a 3-4 day history of a stuffy nose and a burning throat. It is getting worse  
You are eating and drinking ok but it is painful  
You had a fever yesterday, you feel a little warm today  
You have no rash

Your blood sugar is higher than usual, It is usually 6 and It has been 9 today

You have vomited 2 days ago, and today in the morning.

You wonder about taking Biaxin

### What we explored with the patient:

It is likely that you have a viral infection causing the nasal congestion and sore throat. Antibiotics do not help viruses but you can try Tylenol, gargling warm salt water, warm fluids with honey, steam inhalation and a nasal steroid

### Our impression was:

Disorder of respiratory system

### Our advice to the patient:

Try Avamys for the symptoms of nasal congestion

### If things get worse, we advised:

If you develop a high fever/vomiting/rash/or feel more unwell, please see a Dr for a physical exam

Jessica Yaniv / 12-Jun-1987 / May 28, 2019 09:30

784-2433 or go to your nearest emergency department

Yours faithfully,



**Dr. Shelina Nurmohamed**  
Licence number: College ID 38356 / MSP 66485  
General Practitioner babylon by TELUS Health

# Consultation Summary

Dear Dr,

Your patient had a consultation with babylon by TELUS Health on May 28, 2019 09:30. The details of this consultation are summarised below. If you have any queries relating to this consultation please contact our helpline on +18555778838.

## Patient's details:

Name: Jessica Yaniv  
Gender: Female  
DoB: 12/Jun/1987  
Clinician: Shelina Nurmohamed, GP  
Time at consultation: May 28, 2019 09:30  
Appointment type: Digital

## CONSULTATION SUMMARY

### The patient told us:

Your GP recently started you on Ativan 0.5mg daily (daily dispensing). You were previously on citalopram and you feel this made you very depressed, you felt suicidal and so you stopped this independently. The GP discussed switching to Effexor.

You haven't started the Effexor yet, you are worried about the side effects

### What we explored with the patient:

You are seeing Dr Cooner June 5th

You are seeing a psychologist or maybe a psychiatrist, you aren't sure which, but in 2 days time

It isn't clear to me what the plan was for your meds. We discussed that Ativan is a short term option only, often used for the occasional panic attack but not as a regular medication. Perhaps your GP was giving you this while intending to see you through the transition to Effexor.

You are finding you are 'moody' in the mornings. You take the Ativan at night time and it helps you sleep well.

### Our Impression was:

Anxiety state

### Our advice to the patient:

I recommend following up with your GP and the psychiatrist/psychologist as planned.

Consider starting the Effexor if this was the intended plan by your GP

Our call was a little interrupted as your alarm went off, but please call back if you are concerned or need further advice

### If things get worse, we advised:

If you are having suicidal thoughts or thoughts of harming yourself or someone else, please call the crisis line at 1-800-

Jessica Yaniv / 12-Jun-1987 / May 21, 2019 15:30

especially when the dose is ramped up too high and too fast before your body can adjust to it.

Yours faithfully,



**Dr. Robert Burlin**

Licence number: ID: 06134 / MSP: 00272

General Practitioner babylon by TELUS Health

# Consultation Summary

Dear Dr.

Your patient had a consultation with babylon by TELUS Health on May 21, 2019 15:30. The details of this consultation are summarised below. If you have any queries relating to this consultation please contact our helpline on +18555778838.

## Patient's details:

Name: Jessica Yaniv  
Gender: Female  
DoB: 12/Jun/1987  
Clinician: Robert Burlin, GP  
Time at consultation: May 21, 2019 15:30  
Appointment type: Digital

## CONSULTATION SUMMARY

### The patient told us:

Just started Saxenda 6 days ago and were started on the 0.6 mg dose; you injected 3.0 mg by mistake (5x the starting dose) and this was 4 pm yesterday and you ended in ER last night by ambulance; your blood sugar readings you told us were never in that true hypoglycemic range that causes symptoms, which is usually more in the 3.5 to 4.0 range in most people (especially below 3.0)

### What we explored with the patient:

It is almost 24 hours since you injected and you still have nausea and acid reflux; we discussed that Saxenda helps people lose weight by suppressing the appetite but the dose needs to start low and go slowly up, as too much will go from suppressing the appetite to making you very nauseated and even may cause vomiting; as the medication is long acting I suspect it may be 1-3 days before you feel better; avoid spiced foods, alcohol, citrus Aspirin / Advil / Aleve (Tyleno is easier on the stomach) and don't keep loading up on sugar as the blood levels indicate this was not the cause of your nausea; if this were insulin it could have caused a severe hypoglycemic reaction and even coma and this is associated with a myriad of other symptoms such as dizziness, sweaty skin and cold skin along with blurred vision racing heart and pounding heart as your adrenal glands release a burst of adrenalin to try to bring the sugar levels up again; you did the right thing by calling the ambulance but I want to reassure you these types of medicines are relatively safe because they are unlikely to produce hypoglycemia as they do not work in the same way that insulin does; metformin is also known not to produce hypoglycemia either (but nausea and diarrhea are not uncommon)

### Our impression was:

ill effect of medication overdose

### Our advice to the patient:

as noted above

### If things get worse, we advised:

please take more care with these medications, as you have found out, they can have profound adverse reactions,

## Consultation Summary

Dear Dr.

Your patient had a consultation with babylon by TELUS Health on May 20, 2019 12:00. The details of this consultation are summarised below. If you have any queries relating to this consultation please contact our helpline on +18555778838.

### Patient's details:

Name: Jessica Yaniv  
Gender: Female  
DoB: 12/Jun/1987  
Clinician: Cara Ewert, GP  
Time at consultation: May 20, 2019 12:00  
Appointment type: Digital

## CONSULTATION SUMMARY

### The patient told us:

You discontinued the Cymbalta and you are feeling good. You no longer have insomnia or acute anxiety. You will review this with your GP and I will do a referral to a dietician.

### What we explored with the patient:

WE explored your diet and you will be referred to a dietician. We talked about constipation.

I suggested Paleo ish or mediterranean diets and to be careful as you are on Saxenda. You should move your body daily doing something like walking 30 minutes 5 times per week.

### Our impression was:

Obesity

### Our advice to the patient:

Dietitian referral

Yours faithfully,

Dr. Cara Ewert

Licence number: College ID 17463 / MSP 24272

General Practitioner babylon by TELUS Health

Jessica Yaniv / 12-Jun-1987 / May 18, 2019 13:30

Yours faithfully,

**Dr. Cara Ewert**

**Licence number: College ID 17463 / MSP 24272**

General Practitioner babylon by TELUS Health

# Consultation Summary

Dear Dr.

Your patient had a consultation with babylon by TELUS Health on May 18, 2019 13:30. The details of this consultation are summarised below. If you have any queries relating to this consultation please contact our helpline on +18555778838.

## Patient's details:

Name: Jessica Yaniv  
Gender: Female  
DoB: 12/Jun/1987  
Clinician: Cara Ewert, GP  
Time at consultation: May 18, 2019 13:30  
Appointment type: Digital

## CONSULTATION SUMMARY

### The patient told us:

You have been started on Citalopram and waking at 3 or 4 am with bad anxiety and depression and self harm thoughts which you are not liking. You should not stop it with significant withdrawal symptoms. You have no self harm thoughts now - you are having insomnia currently. You could slowly taper off this from 0.5 tab of 10mg = 5mg - you could go to 2.5mg if able to break the tablet appropriately and alter this 5mg eod and 2.5mg eod and then 2.5mg eod for one week then every 3 days as tolerated. The question is whether you should be started on Effexor low dosage 37.5mg while tapering off the Cymbalta to avoid withdrawal. There is a pending referral to a Psychologist coming up. You will next see her June 5th.

### What we explored with the patient:

I have told you have self harm thoughts you need to see a md urgently. We reviewed all your medications. You are on Sacenda Is for weight loss and sugar control and are not sure if this may be causing the insomnia and anxiety. I have suggested that you hold the saxenda and see how you are if still anxiety and the insomnia then taper off the cymbalta.

### Our Impression was:

Anxiety state

### Our advice to the patient:

Taper one medication cymbalta or Stop saxenda and then follow up with us or your GP.  
You will follow up with a medical doctor if having issues with self harm thoughts or suicidal notions. I have asked you to follow up with your GP as soon as you can to review this plan and your mood and sleep.

Jessica Yaniv / 12-Jun-1987 / May 17, 2019 10:10

If things get worse, we advised:

If you notice levels too high/low, please follow up urgently with your Dr. /ER as appropriate

Levels you are aiming for are:

4.0-7.0 mmol/L before meals

5.0-10.0 mmol/L 2 hours after the start of a meal

The prescriptions that we sent the patient:

Prescribed by: Shelina Nurmohamed. Prescribed at: Fri, 17 May 2019 10:26 AM.			
Drug	Course	Quantity	Notes
Accu-check glucose monitor	Use as directed - 1 device with 100 test strips	1	

Yours faithfully,

Dr. Shelina Nurmohamed

Licence number; College ID 38356 / MSP 66485

General Practitioner babylon by TELUS Health

# Consultation Summary

Dear Dr.

Your patient had a consultation with babylon by TELUS Health on May 17, 2019 10:10. The details of this consultation are summarised below. If you have any queries relating to this consultation please contact our helpline on +18555778838.

## Patient's details:

Name: Jessica Yaniv  
Gender: Female  
DoB: 12/Jun/1987  
Clinician: Shelina Nurmohamed, GP  
Time at consultation: May 17, 2019 10:10  
Appointment type: Digital

## CONSULTATION SUMMARY

### The patient told us:

You told me you were diagnosed with pre-diabetes with an A1C of 6.7

You are currently taking Saxenda 0.6 daily and Metformin

You would like an accu-check device for testing as you want to explore what foods cause sugar spikes

### What we explored with the patient:

I explained that an A1C of  $\geq$  or  $\approx$  to 6.5% gives a diagnosis of diabetes not pre-diabetes

You rechecked your results:

Fasting glucose was 6.6

A1C 6.5%

You are taking Metformin and Saxenda prescribed by your GP

We discussed the somewhat limited evidence to support using test strips for non insulin dependant diabetes but that there can be some benefit and I am happy to prescribe this

You would like the Accu-check mobile, cassette with 100 strips

You are seeing Dr Cooner on June 5th

### Our impression was:

Diabetes mellitus

### Our advice to the patient:

<https://www.healthlinkbc.ca/medical-tests/hw226531#hw226534>

This is a link to info all about home glucose testing, how to do this, when etc

Jessica Yaniv / 12-Jun-1987 / May 16, 2019 12:00

Yours faithfully,



**Dr. Anita Natarajan**  
Licence number: College ID 20129 / MSP 26238 / CPSA 030475  
General Practitioner babylon by TELUS Health

## Consultation Summary

Dear Dr.

Your patient had a consultation with babylon by TELUS Health on May 16, 2019 12:00. The details of this consultation are summarised below. If you have any queries relating to this consultation please contact our helpline on +18555778838.

### Patient's details:

Name: Jessica Yaniv  
Gender: Female  
DoB: 12/Jun/1987  
Clinician: Anita Natarajan, GP  
Time at consultation: May 16, 2019 12:00  
Appointment type: Digital

## CONSULTATION SUMMARY

### The patient told us:

You would like to discuss your sleep apnea test results again. The sleep clinic contacted you 2 days ago and mentioned that you should use the CPAP machine. On our last visit where we discussed these results and you were not keen to try the CPAP machine. You are sleepy during the day and can fall asleep at any time. You are afraid of the free trial of CPAP because you are concerned that they may keep calling you about purchasing a machine for good. After much discussion, we decided together that a trial for 2 weeks was worthwhile, even though you scored normal to mild on the sleep apnea scale.

### Our impression was:

Sleep disorder

### Our advice to the patient:

You will contact your sleep clinic and consent to the free trial, but the decision to continue will be yours and no one should be persisting or pressuring you to purchase the machine.

### If things get worse, we advised:

Be careful with high-concentration activities like driving. If you repeatedly fall asleep despite having used the CPAP machine for 2 weeks, please contact your family doctor or us again.

Jessica Yaniv / 12-Jun-1987 / May 14, 2019 08:20

Yours faithfully,

A rectangular box containing a handwritten signature in black ink. The signature is cursive and appears to read 'D. Lewis'.

**Dr. Daniel Lewis**

**Licence number: ID: 32816 / MSP: 66015**

General Practitioner babylon by TELUS Health

## Consultation Summary

Dear Dr.

Your patient had a consultation with babylon by TELUS Health on May 14, 2019 08:20. The details of this consultation are summarised below. If you have any queries relating to this consultation please contact our helpline on +18555778838.

### Patient's details:

Name: Jessica Yaniv  
 Gender: Female  
 DoB: 12/Jun/1987  
 Clinician: Daniel Lewis, GP  
 Time at consultation: May 14, 2019 08:20  
 Appointment type: Digital

## CONSULTATION SUMMARY

### The patient told us:

We discussed your very similar bronchitis symptoms as previous. This started this morning. You state you have had reflux symptoms prior but this is more like your bronchitis symptoms as you are very familiar with this and is starting the same as it has in the past.

### What we explored with the patient:

You have productive sputum.

### Our impression was:

Acute bronchitis

### Our advice to the patient:

You should start the treatment prescribed as we discussed, Blaxin 500mg twice daily for 7 days. Acetaminophen/Tylenol will help with any fever that you may have.

### If things get worse, we advised:

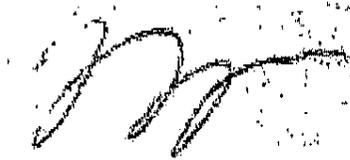
You have follow up with your FP tomorrow. If you feel breathless, have difficulty talking and you feel unwell please go straight to the emergency department.

### The prescriptions that we sent the patient:

Prescribed by: Daniel Lewis. Prescribed at: Tue, 14 May 2019, 8:29 AM			
Drug	Course	Quantity	Notes
Blaxin Bld 500mg (tablet)	1 tablet twice a day for 7 days	14	

\* Jessica Yaniv / 12-Jun-1987 / May 12, 2019 09:20

Yours faithfully,



**Dr. Natalia Konovalova**

**Licence number: College ID 29494 / MSP 66536**

**General Practitioner babylon by TELUS Health**

# Consultation Summary

Dear Dr.

Your patient had a consultation with babylon by TELUS Health on May 12, 2019 09:20. The details of this consultation are summarised below. If you have any queries relating to this consultation please contact our helpline on +18555778838.

## Patient's details:

Name: Jessica Yaniv  
Gender: Female  
DoB: 12/Jun/1987  
Clinician: Natalia Konovalova, GP  
Time at consultation: May 12, 2019 09:20  
Appointment type: Digital

## CONSULTATION SUMMARY

### The patient told us:

You told us that you started taking vit B 12 oral supplement 3 weeks ago.  
You want to check if you have improvement with the current management.  
You also have elevated glucose level and you are taking Metformin.

### What we explored with the patient:

Your family doctor is doing regular blood work follow-up.  
Recent HgA1C was 6.7.  
You told us that you are doing otherwise very well.  
You do not have any acute complaint or concern for today.

### Our Impression was:

the vitamin B12 deficiency anemia

### Our advice to the patient:

continue taking oral Vit B 12 supplement.  
We have discussed that it might take a bit longer than 3 weeks to show a significant improvement - you should give it 1-2 more weeks.  
Usually in patients who take metformin we check B12 level once a year.

### If things get worse, we advised:

If you would develop any concern or question - talk to doctor.

Jessica Yaniv / 12-Jun-1987 / May 09, 2019 15:10

Yours faithfully,



**Dr. Jeffrey Pelmer**

Licence number: ID: 34036/ MSP: 65045

General Practitioner Babylon by TELUS Health

# Consultation Summary

Dear Dr,

Your patient had a consultation with babylon by TELUS Health on May 09, 2019 15:10. The details of this consultation are summarised below. If you have any queries relating to this consultation please contact our helpline on +18555778838.

## Patient's details:

Name: Jessica Yaniv  
Gender: Female  
DoB: 12/Jun/1987  
Clinician: Jeffrey Palmer, GP  
Time at consultation: May 09, 2019 15:10  
Appointment type: Digital

## CONSULTATION SUMMARY

### The patient told us:

You would like a standing order for blood tests for medication that requires monitoring. Your medication is prescribed by your endocrinologist who also monitors the results.

### What we explored with the patient:

I have informed you that I cannot order those blood tests. These have to be ordered by the prescribing doctor.

As far as your question regarding the dose and blood level of progesterone that you require, that will need to be answered by your endocrinologist.

I apologize for the inconvenience.

### Our impression was:

Disorder of endocrine system

### Our advice to the patient:

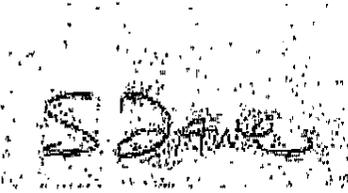
For more information go to [www.uptodate.com](http://www.uptodate.com).

### If things get worse, we advised:

Please follow up with your family doctor.

Jessica Yaniv / 12-Jun-1987 / May 07, 2019 19:40

Yours faithfully,

A handwritten signature in black ink, appearing to read "S. Dawe", is positioned above the printed name and contact information.

**Dr. Shawna Dawe**

Licence number: ID: 27124/ MSP: 29362

General Practitioner babylon by TELUS Health

# Consultation Summary

Dear Dr,

Your patient had a consultation with babylon by TELUS Health on May 07, 2019 19:40. The details of this consultation are summarised below. If you have any queries relating to this consultation please contact our helpline on +18555778838.

## Patient's details:

Name: Jessica Yaniv  
Gender: Female  
DoB: 12/Jun/1987  
Clinician: Shawna Dawe, GP  
Time at consultation: May 07, 2019 19:40  
Appointment type: Digital

## CONSULTATION SUMMARY

### The patient told us:

You told us that you ate gluten today and that you are having some abdominal cramping and diarrhea. You are wondering what might help. You were also prescribed progesterone by your endo and are wondering if it may help with your hot flashes and how long it will take your breasts to develop.

### What we explored with the patient:

You do not have a fever. We discussed trying loperamide for your loose bowel movements. It is possible that progesterone will help with your hot flashes but it may take some time to know for sure. I don't think there is any definite time line on breast development, but think you will have a better idea within the next 3 months, or so.

### Our impression was:

Functional diarrhea

### Our advice to the patient:

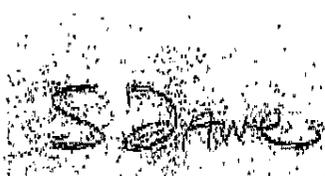
Try the loperamide to see if it helps, make sure to stay hydrated if you are having frequent loose bowel movements.

### If things get worse, we advised:

If your symptoms worsen or you are concerned please see a doctor.

Jessica Yaniv / 12-Jun-1987 / May 03, 2019 17:40

Yours faithfully,

A handwritten signature in black ink, appearing to read "S. Dawe", is positioned above the printed name and contact information.

**Dr. Shawna Dawe**

**Licence number: ID: 27124/ MSP: 29362**

**General Practitioner | babylon by TELUS Health**

# Consultation Summary

Dear Dr.

Your patient had a consultation with babylon by TELUS Health on May 03, 2019 17:40. The details of this consultation are summarised below. If you have any queries relating to this consultation please contact our helpline on +18555778838.

## Patient's details:

Name: Jessica Yaniv  
Gender: Female  
DoB: 12/Jun/1987  
Clinician: Shawna Dawe, GP  
Time at consultation: May 03, 2019 17:40  
Appointment type: Digital

## CONSULTATION SUMMARY

### The patient told us:

You are wondering if your increase in hot flashes today might be due to B12 or metformin. You were seen earlier today about diarrhea. You are on HRT for the purpose of transitioning and have had hot flashes related to the estrgen previously. You have recently started on B12 and your metformin dose was increased yesterday.

### What we explored with the patient:

We explored that it might be related to your HRT, possibly to your new metformin dose. I admit that I do not have a lot of experience with the hormone treatment that you are going through and think that your endocrinologist is your best resource as far as figuring out if adding your progesterone early may help with these side effects. It is possible that if it is related to your metformin increase that it may settle in a few days.

### Our impression was:

Pallor and flushing

### Our advice to the patient:

We agreed that your endocrinologist is your best resource to help you sort through your questions about progesterone. Please book another appointment as needed.

### If things get worse, we advised:

If you are becoming acutely unwell or your symptoms are worsening, please see a doctor.

Jessica Yahiv / 12-Jun-1987 / May 03, 2019 12:00

vomiting, please be seen for a physical examination

Please avoid contact with others until you have had no symptoms for 24 hours at least. Try bland foods for now, bananas (not over ripe), toast, rice etc

**If things get worse, we advised:**

If you have severe abdominal pain, fever, vomiting, feel very unwell, please be seen urgently for a review

Yours faithfully,



**Dr. Shellna Nurmohamed**

Licence number: College ID 38356 / MSP 66485

General Practitioner babylon by TELUS Health

# Consultation Summary

Dear Dr.

Your patient had a consultation with babylon by TELUS Health on May 03, 2019 12:00. The details of this consultation are summarised below. If you have any queries relating to this consultation please contact our helpline on +18555778838.

## Patient's details:

Name: Jessica Yaniv  
Gender: Female  
DoB: 12/Jun/1987  
Clinician: Shelina Nurmohamed, GP  
Time at consultation: May 03, 2019 12:00  
Appointment type: Digital

## CONSULTATION SUMMARY

### The patient told us:

You started Jalmeson Probiotic supplements yesterday. You are having loose stools for about 24 hours. You started Vitamin C, B12 & protiotics yesterday. You wonder if this could be related.

### What we explored with the patient:

You have had 3 watery stools in 24 hours, there is no blood in the stool.  
You have not passed as much urine as usual.  
You are drinking good amounts of water.  
You have no fever.  
Your appetite is ok, you ate less than usual yesterday.

You have no vomiting.

You have some upper right abdominal pain & central, the pain is constant. It is not improved by having a bowel movement. The pain is 6/10.

You ate nachos yesterday that were old from Boston Pizza, it had chicken & jalapenos. The chicken had been stored in the fridge the whole time. You haven't had contact with others in the past couple.

We talked about the diarrhoea potentially being contagious to others.

### Our impression was:

Diarrhoea of presumed infectious origin.

### Our advice to the patient:

I recommend staying well hydrated, keeping an eye on how much urine you pass, if you feel you may be dehydrated (not passing urine for > 12 hours for example) or feel very lightheaded or pass out, or develop worse abdominal pain or

# Consultation Summary

Dear Dr.

Your patient had a consultation with babylon by TELUS Health on May 02, 2019 12:10. The details of this consultation are summarised below. If you have any queries relating to this consultation please contact our helpline on +18555778838.

## Patient's details:

Name: Jessica Yaniv  
Gender: Female  
DoB: 12/Jun/1987  
Clinician: Anita Natarajan, GP  
Time at consultation: May 02, 2019 12:10  
Appointment type: Digital

## CONSULTATION SUMMARY

### The patient told us:

You wanted to know if you should get a measles vaccine. You don't have any documentation of your vaccine history and your mother is not in a position to recall whether you had 2 MMR vaccine doses.

### Our impression was:

Need for prophylactic vaccination and inoculation against measles alone

### Our advice to the patient:

I think it is good for you to go to your local public health unit and get an MMR booster (measles, mumps, rubella) which will all be in the same vaccine.

Yours faithfully,



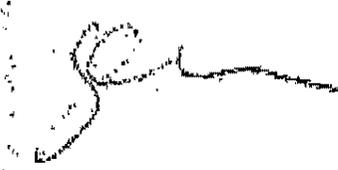
**Dr. Anita Natarajan**

Licence number: College ID 20129 / MSP 26238 / CPSA 030475

General Practitioner babylon by TELUS Health

Jessica Yaniv / 12-Jun-1987 / May 01, 2019 09:20

Yours faithfully,



**Dr. Sarah Olson**

Licence number: ID: 26287 MSP: 65541

General Practitioner babylon by TELUS Health

# Consultation Summary

Dear Dr.

Your patient had a consultation with babylon by TELUS Health on May 01, 2019 09:20. The details of this consultation are summarised below. If you have any queries relating to this consultation please contact our helpline on +18555778838.

## Patient's details:

Name: Jessica Yaniv  
Gender: Female  
DoB: 12/Jun/1987  
Clinician: Sarah Olson, GP  
Time at consultation: May 01, 2019 09:20  
Appointment type: Digital

## CONSULTATION SUMMARY

### The patient told us:

You are wanting to review your lab results. They show a low B12 level

### What we explored with the patient:

You have a varied diet and do eat meat, a few times a week. You eat a lot of veggies. You don't take any supplements at the moment. You have been having some neurological symptoms including dizziness.

### Our impression was:

Vitamin B deficiency

### Our advice to the patient:

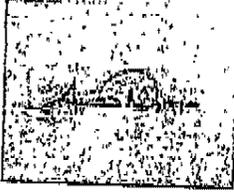
This should be a fairly easy fix, and I'd suggest you take a B complex vitamin, usually these are one a day. It's hard to say whether this is contributing to any of your current symptoms. I'd suggest you re-test your B12 level in a few months.

### If things get worse, we advised:

If you develop any new or concerning symptoms, make another appointment to review.

Jessica Yaniv / 12-Jun-1987 / April 30, 2019 17:40

Yours faithfully,



**Dr. Anita Natarajan**

**Licence number: College ID 20129 / MSP 26238 / CPSA 030475**

General Practitioner babylon by TELUS Health.

# Consultation Summary

Dear Dr.

Your patient had a consultation with babylon by TELUS Health on April 30, 2019 17:40. The details of this consultation are summarised below. If you have any queries relating to this consultation please contact our helpline on +18555778838.

## Patient's details:

Name: Jessica Yaniv  
 Gender: Female  
 DoB: 12/Jun/1987  
 Clinician: Anita Natarajan, GP  
 Time at consultation: April 30, 2019 17:40  
 Appointment type: Digital

## CONSULTATION SUMMARY

### The patient told us:

We discussed your sleep study results, which showed mild sleep apnea. You do feel tired and drowsy during the day, but you never fall asleep during the day.

### What we explored with the patient:

You are not wanting to try the CPAP machine due to cost and you don't like the idea of wearing a mask to bed. We discussed the option of a free CPAP trial, but you politely declined.

### Our impression was:

Sleep disorder

### Our advice to the patient:

Try conservative measures: weight loss, avoid second hand smoke, avoid alcohol (which you don't partake in), and make sure your bedroom is well ventilated with a minimum of fragranced products.

### If things get worse, we advised:

You have many complex health concerns and I think you should see a doctor in person in your community.

Jessica Yaniv / 12-Jun-1987 / April 30, 2019 08:30

### DIAGNOSTICS REQUESTED

The tests that we have given the patient requests for:

Diagnostic tests
Hematology Profile
Suspected Hypothyroidism (TSH rst, FT4 if indicated)
B12
Hemoglobin A1c
Creatinine / eGFR

Yours faithfully,



**Dr. Supreet Maan**

Licence number: College ID 31885 / MSP 68504

General Practitioner babylon by TELUS Health

# Consultation Summary

Dear Dr.

Your patient had a consultation with babylon by TELUS Health on April 30, 2019 08:30. The details of this consultation are summarised below. If you have any queries relating to this consultation please contact our helpline on +18555778838.

## Patient's details:

Name: Jessica Yaniv  
 Gender: Female  
 DoB: 12/Jun/1987  
 Clinician: Supreet Maan, GP  
 Time at consultation: April 30, 2019 08:30  
 Appointment type: Digital

## CONSULTATION SUMMARY

### The patient told us:

Yesterday you were at an event/presentation regarding epilepsy and you think you might have some of the symptoms and want to be screened with an EEG, MRI and CT head. You say that your symptoms include headaches, dizziness and blanking episodes.

### What we explored with the patient:

You have never lost consciousness with the blanking episodes you are aware the whole time. You gave an example of sitting with a friend and feeling as though your vision becomes narrowed in. You have never lost bladder control after an episode. You state you have had episodes of your arms and legs shaking but that you were able to control it and were conscious the whole time. In terms of headaches you state you get a headache every few days, lasting anywhere from 10mins to 2-3 hours. You deny any visual changes with the headaches. You states sometimes your arms or legs feel weak last ~10 mins. Your family doctor has recommended you get an eye exam.

### Our impression was:

General symptom

### Our advice to the patient:

Your symptoms do not seem to be in keeping with seizures. I suggested that we start with some bloodwork to help explain some of your symptoms. I agree that you should have your eyes examined as it has been over 15 years. I suggested you follow up with your family doctor for a thorough neurological exam. I will order blood work to further assess your symptoms. You are agreeable with the plan

### If things get worse, we advised:

If you develop sudden weakness, inability to talk or difficulty talking, severe sudden onset headache please seek emergency medical attention.

Dr. Bogdan Dascalu  
Licence number: ID: 3002 / MSP: 67939  
General Practitioner Babylon by TELUS Health



Yours faithfully,

Jessica Yaniv / 12-Jun-1987 / April 27, 2019 08:00

## Consultation Summary

Dear Dr.

Your patient had a consultation with babylon by TELUS Health on April 27, 2019 08:00. The details of this consultation are summarised below. If you have any queries relating to this consultation please contact our helpline on +18555778838.

### Patient's details:

Name: Jessica Yaniv  
Gender: Female  
DoB: 12/Jun/1987  
Clinician: Bogdan Dascalu, GP  
Time at consultation: April 27, 2019 08:00  
Appointment type: Digital

## CONSULTATION SUMMARY

### The patient told us:

You told me you have had a skin tag on the scrotum for past 2 mo, and it seems to be getting a bit bigger. When it gets irritated, such as if scratched on rubbing on something, it gets painful. Currently it is not red or swollen or painful, and you do not have fevers.

You have never had testing for sexually transmitted infections, and have rarely been sexually active in the past; last was about 5 years ago.

### What we explored with the patient:

In the picture you provided, you appeared to have an approximately 4-5mm growth. It was not surrounded by redness.

### Our impression was:

Skin tag

### Our advice to the patient:

I advised that you call your GP's office to see if she performs skin tag removal. However, I will make a referral to a dermatologist for you, which you can cancel if you no longer need it.

### If things get worse, we advised:

If there is worsening swelling, redness, pain, or fever, please see a doctor.

Jessica Yaniv / 12-Jun-1987 / April 23, 2019 09:30

Yours faithfully,



**Dr. Shelina Nurmohamed**  
Licence number: College ID 38356 / MSP 66488  
General Practitioner babylon by TELUS Health

## Consultation Summary

Dear Dr.

Your patient had a consultation with babylon by TELUS Health on April 23, 2019 09:30. The details of this consultation are summarised below. If you have any queries relating to this consultation please contact our helpline on +18555778838.

### Patient's details:

Name: Jessica Yaniv  
Gender: Female  
DoB: 12/Jun/1987  
Clinician: Shelina Nurmohamed, GP  
Time at consultation: April 23, 2019 09:30  
Appointment type: Digital

### CONSULTATION SUMMARY

#### The patient told us:

You haven't worn orthotics since age 12 years. You feel your feet are crooked

You would like a referral to have an assessment and some new orthotics

People comment that you are limping

You can get some calf pain after prolonged walking or standing

#### What we explored with the patient:

When standing, it appears your feet 'turn out' which we call 'over-supination'

You don't appear to have 'flat feet' which is usually associated with what we call 'over-pronation'

#### Our impression was:

Varus deformities of feet

#### Our advice to the patient:

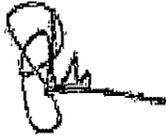
I will arrange a referral to have an orthotics assessment

#### If things get worse, we advised:

If you have any unusual pain/redness or swelling of the foot/feet, please be seen for a physical examination immediately

Jessica Yaniv / 12-Jun-1987 / April 18, 2019 12:20

Yours faithfully,



**Dr. Shelina Nurmohamed**

**Licence number: College ID 38356 / MSP 66485**

General Practitioner babylon by TELUS Health

## Consultation Summary

Dear Dr.

Your patient had a consultation with babylon by TELUS Health on April 19, 2019 12:20. The details of this consultation are summarised below. If you have any queries relating to this consultation please contact our helpline on +18555778838.

### Patient's details:

Name: Jessica Yaniv  
Gender: Female  
DoB: 12/Jun/1987  
Clinician: Shellna Nurmohamed, GP  
Time at consultation: April 19, 2019 12:20  
Appointment type: Digital

### CONSULTATION SUMMARY

#### The patient told us:

Last night you wore a monitor for sleep apnoea and had to use nasal prongs. This morning you noticed a small abrasion in the left nostril. It is painful

There is no bleeding

Your nasal discharge is clear

#### What we explored with the patient:

It seems like a friction abrasion from the nasal prongs which you kindly showed me

#### Our impression was:

Open wound of nose without complication

#### Our advice to the patient:

I recommended applying vaseline or polysporin with a Q tip to the area and avoid using the nasal prongs for a few nights

#### If things get worse, we advised:

If the area becomes more red/painful/has pus etc, please see a Dr for a further review.

Jessica Yaniv / 12-Jun-1987 / April 17, 2019 18:00

Yours faithfully,



**Dr. Jeffrey Palmer**

**Licence number: ID: 34056/ MSP: 65045**

General Practitioner babylon by TELUS Health

## Consultation Summary

Dear Dr.

Your patient had a consultation with babylon by TELUS Health on April 17, 2019 18:00. The details of this consultation are summarised below. If you have any queries relating to this consultation please contact our helpline on +18555778838.

### Patient's details:

Name: Jessica Yaniv  
Gender: Female  
DoB: 12/Jun/1987  
Clinician: Jeffrey Peimer, GP  
Time at consultation: April 17, 2019 18:00  
Appointment type: Digital

## CONSULTATION SUMMARY

### The patient told us:

You are itching at night all over.

### What we explored with the patient:

You have not used any new product and this has been present for 3 weeks. This wakes you at 3am. You have no skin lesions and your liver enzymes and ferritin are normal. Your itching is called a pruritis

You have advised your family doctor that you are consulting with Babylon. I do not want to interfere in your doctor's process, but I can order allergy tests for you.

- Your blood test that were done recently are all normal and negative. You are immune to Hepatitis B.

It is important to note that estradiol has a 10% risk of causing a pruritis. It might reduce your symptoms if your dose is reduced.

### Our Impression was:

Pruritus of skin

### Our advice to the patient:

Please speak to your doctor about reducing your estradiol to see if it reduces the itching. I will arrange the allergy testing for you.

Jessica Yanlv / 12-Jun-1987 / April 18, 2019 09:50

If things get worse, we advised:

If you continue to feel dizzy or light headed, please avoid driving and have a review with your Dr. as soon as possible

Yours faithfully,



Dr. Shelina Nurmohamed

Licence number: College ID 38356 / MSP 66485

General Practitioner babylon by TELUS Health

## Consultation Summary

Dear Dr.

Your patient had a consultation with babylon by TELUS Health on April 16, 2019 09:50. The details of this consultation are summarised below. If you have any queries relating to this consultation please contact our helpline on +18555778838.

### Patient's details:

Name: Jessica Yaniv  
Gender: Female  
DoB: 12/Jun/1987  
Clinician: Shellina Nurmohamed, GP  
Time at consultation: April 16, 2019 09:50  
Appointment type: Digital

### CONSULTATION SUMMARY

#### The patient told us:

You have lost your old requisition for labwork and would like a new one

You wanted a baseline hormone check done monthly

You are due for a testosterone check in July

You have noticed a sudden drop in testosterone, you did a lab test 2 days ago (as you found a old form), it had dropped from 1.8 to 1.1. You are worried that it was such a sudden drop from the week prior.

You are under an endocrinologist, Dr Dahl, You next see him in July 26th

You still get intermittent dizziness, this happened last night and it resolved instantly when you ate something

You have never actually passed out

You have a panic alarm that you wear around your neck

#### What we explored with the patient:

We discussed that your family Dr. is the best person to arrange your regular blood work since she will be the one to receive those results and best understand how to further manage them. She can also forward them to your specialist as needed. Your Dr. may have a letter from the specialist detailing what level your testosterone should ideally be at.

You were keen to have your A1C checked monthly but your Dr. gave you a form to have it checked every 3 months. I explained why this test is done every 3 months instead of more frequently and you are comfortable with waiting 3 months now

#### Our Impression was:

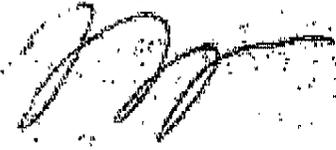
Diabetes mellitus

#### Our advice to the patient:

You will follow up with your Dr. this week and discuss when/how often to do blood work in the future

Jessica Yaniv / 12-Jun-1987 / April 14, 2019 09:00

Yours faithfully,



**Dr. Natalia Konovalova**

**Licence number: College ID 29494 / MSP 66536**

General Practitioner babylon by TELUS Health

# Consultation Summary

Dear Dr.

Your patient had a consultation with babylon by TELUS Health on April 14, 2019 09:00. The details of this consultation are summarised below. If you have any queries relating to this consultation please contact our helpline on +18555778838.

## Patient's details:

Name: Jessica Yaniv  
Gender: Female  
DoB: 12/Jun/1987  
Clinician: Natalla Konovalova, GP  
Time at consultation: April 14, 2019 09:00  
Appointment type: Digital

## CONSULTATION SUMMARY

### The patient told us:

You are waking up tired every morning. Not refreshed.  
Your dad, before he passed, had sleep apnea.

### What we explored with the patient:

You have noticed that even after a good 8 h sleep at night you feel tired in a morning.  
You told us that you feel tired through the day.

Mother and her sister both were diagnosed mitochondrial disease - which also can cause fatigue.  
You were borne as a male and you are on hormone replacement therapy you are not sure if fatigue might be a side effect of your medications.

You would like to do a sleep study to rule out the obstructive sleep apnea at Snore MD in Langley.

You have done and extensive lab work last week.  
You have an appointment with your family doctor booked for tomorrow.  
You will review lab work results and will have a physical exam done tomorrow with your family doctor.

### Our impression was:

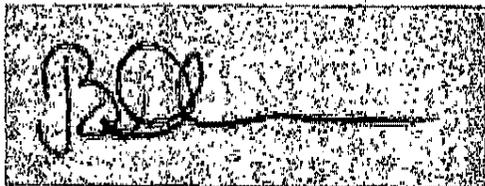
Malaise and fatigue

### Our advice to the patient:

we will send a referral to Snore MD located in Langley to rule out obstructive sleep apnea.

Jessica Yaniv / 12-Jun-1987 / April 13, 2019 08:10

Yours faithfully,

A rectangular box containing a handwritten signature in black ink. The signature appears to be 'B. Dascalu' written in a cursive style.

**Dr. Bogdan Dascalu**

**Licence number: ID: 30002 / MSP: 67939**

General Practitioner babylon by TELUS Health

## Consultation Summary

Dear Dr.

Your patient had a consultation with babylon by TELUS Health on April 13, 2019 08:10. The details of this consultation are summarised below. If you have any queries relating to this consultation please contact our helpline on +18555778838.

### Patient's details:

Name: Jessica Yaniv  
Gender: Female  
DoB: 12/Jun/1987  
Clinician: Bogdan Dascalu, GP  
Time at consultation: April 13, 2019 08:10  
Appointment type: Digital

## CONSULTATION SUMMARY

### The patient told us:

You are following up about your results. I do not have them yet, but you showed me on your screen that your fasting blood glucose was 6.6, A1C 6.5, and cholesterol 6.29/3.82/1.10/3.01. You take Metformin. In the past you have tried Crestor, for possible familial component of high cholesterol 3 years ago, but it did not help. Your endocrinologist is not concerned about these values. Your GGT was also 47 recently.

### What we explored with the patient:

We discussed that you are already pretty active and switched to a vegan diet. We also discussed that given then elevated glucose and triglycerides, it is possible that the mild GGT increase may be related to fatty changes in your liver.

### Our impression was:

Diabetes mellitus

### Our advice to the patient:

I advised you to continue exercising, targeting at least 150min of cardiovascular activity per week, and to continue with a healthy diet and weight loss. I advised that you repeat the blood work in 3 months.

Jessica Yaniv / 12-Jun-1987 / April 12, 2019 18:40

Yours faithfully,

A handwritten signature in black ink, consisting of a large, stylized loop followed by a horizontal line and a short vertical stroke.

**Dr. Jinu Mathew**

**Licence number: ID: 23676 / MSP: 29774**

General Practitioner/babylon by TELUS Health